

Evergreen Seniors Outdoor Club

Board Meeting Minutes Friday, February 27, 2026 Signal Hill Library



Meeting attended by:

Liz	Whitehouse	President	Present
David	Fulton	Vice-President	Present
Dane	Bridge	Past President & Winter Activities Director	Present
Hugh	Powell	Treasurer	Present
Sharon	Hanwell	Secretary	Present
Johanna	Voordouw	Membership Director	Present
Carolyn	Ardell	Transportation Director	Present
Harold	Kroeger	Transportation Director	Absent
Cheryl	Inkster	Summer Hiking Director	Absent
Eric	Leavitt	Website Director	Present
Sandra	Braden	Social Director	Present
Phyllis	Quarrie	Social Director	Absent
Peter	Dankers	City Hikes Coordinator	Absent
Joan	McLean	Newsletter Coordinator	Absent
Carol	Rose-Skelly	Membership Support Coordinator	Absent
Peter	Kubica	Chief Incident Coordinator	Absent

Liz called the meeting to order at 9:10 a.m., confirmed quorum, welcomed everyone and shared the Land Acknowledgement. The agenda was reviewed and one item was added: Group Limits in Kananaskis. Eric moved to accept the agenda as amended, seconded by Carolyn. **Carried.**

The Board Meeting Minutes of November 7, 2025 were reviewed. Sharon moved acceptance of the minutes, seconded by Eric. **Carried.**

Reports

- **Liz Whitehouse, President**

Coalition of Calgary Seniors Hiking Clubs meeting Feb 9th, 2026

General information from Randy Johnston (Chairperson): This group and Alberta Hiking Association (AHA) are aware of government decision to develop 3 all season resorts. They are Nakiska, Fortress area and Castle Mountain. Both groups expect to be consulted in the planning. These developments will have a significant impact on our hiking experiences in Kananaskis. Fire mitigation and wildlife conservation corridor plans are being planned for Banff, Canmore and Jasper. These will again affect our events.

Parks Canada Extra Bus Fees, Reporting data and Moraine Lake fee.

All the bus clubs are using the PC forms to report numbers. Clubs sometimes get an acknowledgement that the forms have been received but then no further

communication. Nobody has been charged for under 65-year-olds with valid PC passes. Karen Hall is currently on vacation but will reconnect with PC to determine what's happening on her return. She will also investigate about the Moraine Lake 2026 bus charge and getting a reduced rate for Seniors Clubs as discussed with PC in 2025.

Group Insurance for Calgary Hiking Groups.

Karen Brackett is organizing this for several clubs. The current policy covers the various activities of the clubs except for "Directors and Officers ". Karen will ask that "D and O" be included. Depending on size of individual hiking clubs this is estimated to add \$100 to the price for each club. Evergreens cost was \$380 in 2025.

***Motion:** Hugh moved that insurance coverage for Directors and Officers be added to the next ESOC Insurance Policy, at a reasonable additional cost. Seconded by David. Carried.*

Maurice Gaucher

He is credited with founding the Coalition of Calgary Seniors Outdoor Clubs (CCSOC) and helped with the start of Alberta Hiking Association (AHA) and Friends of Kananaskis. (FOK). He is now resigning as chair of CCSOC. Randy Johnston (SOCC) was elected as the new chair. Maurice was presented with a gift for all his years of service to the hiking communities.

Friends of Kananaskis – Guest Speaker Trevor Julian

Check out their website and subscribe to the newsletter. Kananaskis had 5 million visitors in 2025 compared to Banff's 4 million. FOK are involved with the changes in Canmore area trails. This is due to fire mitigation program and wildlife corridor preservation. No confirmed new trails or which unofficial trails will be closed. FOK are always looking for volunteers for trail maintenance plus other jobs. They can arrange dates for groups and supply tools, equipment and supervision. Donations from hiking groups are always welcome.

Alberta Hiking Association - Guest Speaker Don Cockerton

Check out their website. abhiking.ca. It's a volunteer organization involved mostly with advocacy for hiking groups. Evergreens is a member club. They have been involved with trail development in Crowsnest and Nordegg. They're having difficulty with decreasing members, problems recruiting board members and lack of funding.

Fundraising

SOCC volunteered at a casino last fall and have received \$90,000.00. They will be eligible for another date in approximately 18 months. This is a lot of money for them to spend. Their idea is to invite other hiking clubs to volunteer with them. The

proceeds to be distributed depending on how many volunteers each club provides. Many questions and concerns. No decision required at the present time.

Winter hiking season is almost over. It's been difficult to organize events that can accommodate skiers and snowshoers/hikers. Thanks to Dane, Hugh and the many advisers for their comments and suggestions. Most of the events were well attended and buses almost full.

Thanks to all the hardworking Board members. It's a pleasure to work with such great folks.

- **Hugh Powell, Treasurer**

TREASURER'S REPORT TO 20 FEBRUARY 2026

As stated at the last meeting, ESOC is in a good financial position. The cash position is as follows:

Bank Balance 31 January 2026	\$28,136.39
Uncashed Cheques:	\$51.71
Cash available	\$28,084.68

Notes:

Owing: Universal February trips	\$2,467.50
2026-2027 Membership 94	\$1,800.00
Prepaid Summer BBQ Deposit	\$1,000.00
Parks Canada Passes 4 remaining to 31 March plus cash \$6.80. Seniors rate now \$8.86 but ongoing debate about cost for members under age 65.	

Details for the 4th quarter are shown in Appendix 1.

- **Johanna Voordouw, Membership Director**

The deadline for membership renewal is Sunday, March 1, 2026 and currently 45 members have not returned their renewal forms. Johanna will send a reminder email to those who have not yet replied indicating that the assumption will be that they are not renewing their membership if the form and fee is not received. As of February 27th, there are 158 Full Members and 45 Associate Members registered. After March 1 the number of openings for full members will be determined and, as spaces become available, memberships will be offered to the 12 guests on the waitlist.

- **Carolyn Ardell & Harold Kroeger, Transportation Directors**

The winter skiing/hiking season started November 7 and will continue to April 2, 2026. During this time there were 2 trips cancelled due the Event dates falling on Dec 25, 2025 and January 1, 2026.

At the time of this report 13 trips have been completed with the possibility of 7 more. All of this is dependent on weather, snow conditions which will affect membership

participation. This is typical of the Winter/Spring season. It is good to note that the events so far have usually had full or nearly full buses.

Two of the events, January 8, to Lake Minnewanka and January 15, to Kananaskis Village/Ribbon Creek had a bus pick up at Signal Hill due to a Water Main issue, effecting access to Montgomery community association. This site has worked well when we require an alternate pick up. However, when using this site please note that we do not have permission to do so. I have tried in the past to contact the administration for RioCan properties, however my emails have gone unanswered. Currently we are operating under: “No one has said we cannot use the site”.

Raj Singh, continues to drive for us and this is fabulous. He has been fabulous at getting us to where we want to go and getting us there safely. I am glad we gave him a Christmas bonus and I am hoping he stays with Universal and we can give him another one this year.

For the Year End report for the AGM, I will provide the total number of trips and the number of passengers that Raj has transported for the hiking season 2025-2026.

Our new contract with Universal, started April 6, 2025 and continues for 2 years, until March 31, 2027. With our new contract we needed 52 people on the bus to cover the cost at 25.00/rider for the Spring/Summer Season of 2025. Starting November 1, 2025 we go into our winter rate. There is a slight decrease in the winter rate. For the winter months as long as we have 50 on the bus, the cost is covered.

Very few members were “bumped” from the bus for the winter season.

Additional Discussion: The impact of the water main work will be monitored over the coming weeks in case the Montgomery Community Association parking lot is needed by the City of Calgary or there are traffic detours around Montgomery or on the Trans-Canada. If the need arises, the pick-up location will move to Signal Hill.

- **Cheryl Inkster, Summer Hiking Director**

2026 Summer trip season planning:

- Eric provided a database extract of the hikes from the last 3 years. This list was used to create a draft schedule
- In January, Barb facilitated a review session and stepped through the draft schedule to incorporate recommendations and comments from members spanning the groups and bus coordination – Nardi, Greg, Kyra, Dorothy, Tom and Carolyn. The revised schedule is being used to populate the website.
 - A copy of the planned schedule is attached in Appendix 2
- To solicit volunteers for Day Leaders, a list of the hikes will be circulated on the bus during March

- Reminder: it was agreed at the November Board of Directors Meeting that Dane will include the first Monday in April (April 2) into the winter program.

I will be out of regular communication from March 24 through April 16. Krya has graciously agreed to fill-in as Summer Hiking Director for April 9 and April 16.

- **Dane Bridge, Winter Activities Director & Past President**

I wish to extend thanks to all who have supported me with advice in my first time as the Winter Activities Director. The club experienced good participation during fine autumn hiking conditions for the first 2 weeks of the 2025-2026 Winter Season followed by 2 successive weeks at Lake Louise following the November 20 Fall Luncheon. Later In December through to February 19, we went to Lake Louise three times due to poor or uncertain skiing conditions.

It has been a challenge some weeks to get the minimum number of participants on the bus due to uncertain snow conditions. The colder, but more normal, winter weather forecast after February 16 will likely make it increasingly difficult to fill the bus. Colder conditions will require going locations such as the William Watson Lodge/Pocaterra Hut area, Lake Louise, Emerald Lake if conditions permit, or the Canmore Nordic Centre.

I encourage you to consider ways that we can promote more winter participation. The bulk of our membership is active in the fine summer weather and disappears when winter arrives. As a Thursday bus club that attempts to have an event every Thursday in winter, we need to get the word out, by some type of advertising, to new potential guests or members. To attract new winter participants, we could promote a Winter Membership, a \$10 membership for the half season from November to the end of March, with full Winter Membership after attending 6 events. There are only 6 weeks of bus events remaining in the winter season, February 26 to April 2 so it is probably too late for any action this year other than some type of advertising.

Additional Discussion:

Currently increased participation is being encouraged by:

- *asking members to invite a friend*
- *sending an email to guests to invite them to register because there is definitely space on the bus.*

It was noted that members want to be able to count on trips going ahead each week, weather permitting. Being predictable means that people make Thursdays with ESOC part of their regular schedule. As well, the funds to cover the shortfall that could occur with fewer participants on trips are available due to the healthy financial situation of the Club.

***Motion:** Dane moves that, effective immediately, ESOC conduct bus trips as long as we have 35 registrants. Seconded by Carolyn. Carried.*

- **Eric Leavitt, Website Director:** No report
- **Sandra Braden & Phyllis Quarrie, Social Directors**

The Glenmore Inn Fall Luncheon went well this past November. The Summer BBQ has been booked for July 23, 2026 and will be held at Boundary Ranch. The Ranch has waived the room rental cost and has given the same price for food as last year. The Board has approved a subsidy of \$15.00 per member putting the cost at \$25.00 per member and \$40.00 per guest. The deposit has been sent. The next event will be the AGM on April 9th and snack and drinks are being organized for everyone as we gather and during the meeting.

- **Peter Dankers, City Hike Coordinator**

After a brief break for the holidays, the City Hike program started this year with the traditional hike in Dale Hodges Park. It was the first time the new format was used and it worked really well. Even on very icy trails, the C1 group managed to hike about 8 km and was back in the parking lot around the same time as the C2's. Everyone took the necessary precautions and no bones were broken.

The response to the call for volunteers to lead a city hike group was very positive. Most positions for the first half of the year are filled and I feel very confident that enough people will come forward to fill the positions from the remainder of the year.

- **Carol Rose-Skelly, Membership Support Coordinator:** No report
- **Joan McLean, Newsletter Editor**
Joan is open to any suggestions for additions to the Newsletter and encourages everyone to send in photos and stories for the next issues.
- **Sharon Hanwell, Secretary:**
AGM planning will be discussed under New Business
- **David Fulton, Vice President:** No report
- **Peter Kubica, Chief Incident Coordinator:**
Action: Peter K and David volunteered to look into who might provide an Emergency First Aid course for interested Evergreen members. ESOC funds could be used to pay for the training as having experienced first-aiders would benefit the club as a whole.

Result: Alan Chan (from 5th Dimension) is working towards certification as a first aid instructor and will fulfill his final practicum on March 21st. Once approved, he will conduct courses suited for the seniors' hiking clubs. The courses will be 16

hours in length, with 16 students in each class. He hopes to begin in April/May 2026. As soon as we know about the schedule, the locations, and cost we will send an email to find out who would be interested in taking the first aid course. I think the Incident Coordinators may want to participate first. I propose that the club cover the participants' fees and will make a motion to that effect once there are clear plans for courses in place.

Completed Action Items from November 7th Board Meeting

Action: Sharon will work with Sandra and Phyllis regarding the catering needs for the event.

Result: Discussions are in progress

Action: Sharon will contact Greg McKenzie and Peter D. to see if they are willing to arrange hiking opportunities before the meeting.

Result: Greg and Peter have agreed to plan the hikes.

Action: The agenda will be posted 2 weeks before the AGM. A copy of all of the reports will be posted on the website and shared with the members 2-3 days after the end of the month.

Resulting Timeline:

January 2026:	The April 9, 2026 date for the AGM has been posted on the website as an event.
March 25, 2026:	The AGM Agenda will be posted on the website.
April 3, 2026:	The AGM Reports will be posted on the website.
April 9, 2026:	The AGM will be held at Montgomery Community Centre.

New Business

- President, Past President and Vice President 2026 – 2027

As you are aware David Fulton was destined to become our President in April 2026. However, he's having some health issues which will prevent him from being an active ESOC member. Unfortunately, he doesn't think he'll be able to participate in many hikes or some of our special events. Hopefully these issues will resolve themselves in the near future. So, what to do about the President's position? Rather than trying to recruit a brand-new president or Liz Whitehouse serving a 2nd term David and myself are proposing to work together closely. On the official documents David will be the President and I'll be the Past President. The official documents include signing authority for TD bank, insurance policy, Annual Return, Coalition of Calgary Outdoor Clubs and the website. I think I'm well known amongst our members and have a good attendance record at events. David and I will communicate when there are "Presidential Issues" and if a face-to-face interaction is needed then I can be

responsible. I will probably get questions, emails and comments that need a President's decision and I'll pass these onto David for joint consideration. I'm also willing to chair Board meetings, AGM and make announcements on the bus, BBQ and Luncheon on David's behalf. We will also include the Vice President in club matters to smooth her transition for April 2027.

We did notify the Board members about the possibility of being Co – Presidents a few months ago. Your replies were overwhelmingly favorable and many of you offered to help out if needed. Thanks for your support.

Hopefully, David will have a return to full health in the next year and he'll be able to take up all the Presidential duties.

All the above will have to be explained to the members at the AGM 2026.

We should discuss the proposal at the Board Meeting on February 27th. Please feel free to give other suggestions or possible solutions.

Thanks,
Liz and David

- Member Non-compliance with ESOC Bylaws and Policies

Liz and Sharon recently worked through an issue of non-compliance with a member by following "ESOC Policy XI. Consequences of Non-Compliance with Evergreen Bylaws, Policies & Safety Guidelines." The process seemed to work smoothly and resulted in a satisfactory conclusion.

- AGM and 2026-2027 Proposed Board of Directors:

Liz	Whitehouse	Past-President
David	Fulton	President
Barb	Shaw	Vice President
Hugh	Powell	Treasurer
Sharon	Hanwell	Secretary
Johanna	Voordouw	Membership Director
Carolyn	Ardell	Transportation Director
Harold	Kroeger	Transportation Director
Cheryl	Inkster	Summer Hiking Director
Dane	Bridge	Winter Activities Director
Eric	Leavitt	Website Director
Sandra	Braden	Social Director
Phyllis	Quarrie	Social Director
Peter	Dankers	City Hikes Coordinator
Joan	McLean	Newsletter Coordinator
Carol	Rose-Skelly	Membership Support Coordinator
Peter	Kubica	Chief Incident Coordinator

AGM Prep Timing	
By March 21	All Agenda items emailed to Sharon
By March 28	All Board reports emailed to Sharon
Annual General Meeting Timing for April 9th	
TBA to 12:45	Hikes by Greg & Peter
12:00	Kitchen is available for organizing
12:45 to 1:15	Set up chairs and tables in the gym Members are encouraged to gather outside at the picnic tables and benches; washrooms will be open for the walkers
1:15	Open doors for all members: attendance sheets, snacks and drinks
1:30 to 3:00	Meeting • President: ○ Welcome ○ Housekeeping reminders: Washrooms, refreshments served till end of meeting, reminder to sign attendance sheets, sign-up sheets for summer Day Leaders will be circulated during the meeting, help needed for take-down ○ Meeting Processes: ▪ Roberts Rules: Address the chair, each speaker may speak once, chair may offer a 2nd round if necessary, then vote ▪ Guests may speak/ask questions but may not vote • Introduction of Board members • Work through agenda
By 4:00	Take down is complete and we are out!

Additional Discussion:

A motion to approve two financial auditors for the 2026-2027 financial statements will be made at the AGM. Sharon will approach Keith Johnstone and Mariola Wroblewski to see if they are willing to take on this role. Mariola has agreed to put her name forward as the ESOC Treasurer for the 2027-2028 year and Hugh will work with her this year to ensure a smooth transition.

***Motion:** Sharon moved that we provide Montgomery Community Association with a \$200.00 deposit for our AGM booking on April 9, 2026. Seconded by Eric. Carried.*

***Action:** Sharon will ask people to help with:*

- *table and chair set up from 12:45 to 1:15*
- *hosting the sign-in table beginning at 1:15 and during the meeting, in case of late arrivals.*

- **Group Limits in Kananaskis**

Some of the trails in Kananaskis appear to limit the number of people on a trail however what constitutes a group is not defined. It was agreed that this is not an issue we will explore further as we are confident that the Kananaskis Parks Department will provide clear information if they choose to develop rules or guidelines for Seniors' groups.

Adjourned at 10:44 am.

Appendix 1

E.S.O.C. Financial Summary 2025 - 2026

Deposits/Credits			Expenses/Debits			
3rd Quarter Totals		\$ 21,422.85		\$ 20,306.62	\$ 1,116.23	
YTD		\$ 56,407.55		\$ 52,764.96	\$ 3,642.59	
Quarter 4		1 Dec - 28 Feb 2025				
December 2025						
Deposits/Credits			Expenses/Debits			
Outing Lake Louise	04 Dec 2025	\$ 1,160.00				
No Show J Tsang	05 Dec 2025	\$ 25.00				
Outing WWL Kananaskis	11 Dec 2025	\$ 1,100.00	Gov't AB WWL 11Dec	\$ 52.00	892 Y	
Outing WWL Kananaskis	18 Dec 2025	\$ 1,200.00	Universal 3 Nov trips	\$ 3,701.25	893 Y	
Mbr Gerrie Kunneke	19 Dec 2025	\$ 20.00				
Crest	19 Dec 2025	\$ 5.00	Eric/Admin Columns Lice	\$ 89.00	895 Y	
Mbrs M Raine & M Rayson	23 Dec 2025	\$ 40.00				
Brenda Allen	22 Dec 2025	\$ 25.00				
Acct Rebate		\$ 4.95	Bank Fees	\$ 4.95		
Total		\$ 3,579.95	Total	\$ 3,847.20	-\$ 267.25	
Dec Balance					\$ 30,503.60	Y
January 2026						
Deposits/Credits			Expenses/Debits			
Outing Lake Minnewanka	08 Jan 2026	\$ 1,325.00	Universal 3 Dec trips	\$ 3,701.25	896 Y	
Outing Kananaskis Village	15 Jan 2026	\$ 1,275.00	Gov't AB WWL 18Dec	\$ 52.00	894 Y	
No Show NGO No Cash Bakes	18 Jan 2026	\$ 50.00	Glenmore Inn Xmas Lun	\$ 3,958.96	897 Y	
No show J Aikenhead	21 Jan 2025	\$ 25.00				
Outing Lake Louise	22 Jan 2026	\$ 1,220.00				
Extra Receipt on Bus	22 Jan 2026	\$ 20.00				
No Show Brenda McKeown	24 Jan 2026	\$ 25.00				
Outing Lake Louise	29 Jan 2026	\$ 1,405.00				
Account Rebate		\$ 4.95		\$ 4.95		
Total		\$ 5,349.95	Total	\$ 7,717.16	-\$ 2,367.21	
Jan balance					\$ 28,136.39	Y
February 2026						
Deposits/Credits			Expenses/Debits			
Outings Chester Lake	05 Feb 2026	\$ 1,375.00	Universal Coach (Jan)	\$ 4,935.00	899 Y	
Outing Sawmill Shark Mtn	12 Feb 2026	\$ 1,000.00	Govt Alberta WWL 5Feb2	\$ 52.00	900 Y	
Outing Cancelled	19 Feb 2026	\$ -	Boundary Ranch Deposit	\$ 1,000.00	898 Y	
Outing PLPP	26 Feb 2026					
Membership to 20Feb Total 94		\$ 1,880.00				
Note Johanna has a number of Cheques			Lorraine Xmas Basket Se	\$ 51.71	891 ?	
			Bank Service			
Account Rebate		\$ 4.95	Bank fees	\$ 4.95		
Total		\$ 4,259.95		\$ 6,043.66	-\$ 1,783.71	
Feb balance					\$ 26,352.68	##
4th Quarter Total		\$ 13,189.85		\$ 17,608.02	-\$ 4,418.17	
YTD		\$ 69,597.40		\$ 70,372.98	-\$ 775.58	

Appendix 2

2026 Summer Hike Schedule

2026 Summer Hike Schedule - Evergreen Seniors Outdoor Club

Date last updated:

2026-02-19

Plan Date	Hours duration	Area										
Apr 9	2.0	Calgary										
Apr 16	4.5	Sibbald	A	Eagle Hill – 15 km, 500m	B1	Eagle Hill – 15 km, 500m	B2	Deer Ridge Loop, 7 Km, 420m	B2/C	Ole Buck Loop 5km 200m	C	To Sibbald Viewpoint and walk to Moose Pond meadow 4km 50m
Apr 23	5.0	South	A	Prairie Mountain Loop via West Ridge, 11.7 km 850 m	B1	Prairie Mountain Loop via West Ridge, 11.7 km 850 m	B1	Powderface/Prairie Creek Loop 13.5km 370m	B2	Powderface/Prairie Creek Loop 13.5km 370m	C	Prairie Creek "lookout" / Beaver Falls / Elbow Falls 7km 125m
Apr 30	4.0	South	A	Mesa Butte, Humpty's Hill, Jill's Hill & Jack's Hill, 14.8 km, 830 m loop	B1,B2	Mesa Butte – Curley Sand Loop – 10km 470m	C	Curley Sand Trail – 8km 137m				
May 7	5.0	Kananaskis	A	Wasootch Ridge & summit, 13km 900m (steep, exposure)	B1	Wasootch Ridge (2nd Cairn), 11km 760m	B1,B2	Hummingbird Plume Lookout: 13 KM, 475 m	B2	Ribbon Creek Trail, 12km 200m	C	Troll Falls- Ruthie's- Hidden, 7km 150m
May 14	4.5	South	A	Sheep – Long Prairie Ridge & Sandy McNabb Hills – 12km 500m	B1	Sheep – Long Prairie Ridge- Pine Ridge- Macabee loop 11km 300m	B2	Sheep – Long Prairie Ridge- Pine Ridge loop 8.2km 200m	C	Sheep – Long Prairie Ridge loop 6km 150m		

2026 Summer Hike Schedule - Evergreen Seniors Outdoor Club

Date last updated:

2026-02-19

Plan Date	Hours duration	Area										
May 21	5.5	Kananaskis	A	Baldy Pass to S Baldy 12km 875m (scramble)	B1	Baldy Pass and Midnight Ridge, 12km 900m	B2	Baldy Pass 10km 570m	C	Porcupine Creek from Baldy Parking (Wasootch-Baldy Connector) 5km 50m		
May 28	5.0	Canmore	A	Ha Ling Peak 6km 740m	B1	Ha Ling Peak 6km 740m	B1	Highline Trail and Three Sisters Pathway Loop, 9.8 km, 471m	B2	Highline Trail and Three Sisters Pathway Loop, 9.8 km, 471m	C	Canmore: Visitor Centre to Policeman's Point to Legion- 6.3 km, 20 m
Jun 4	5.25	Yamnuska	A	Yamnuska – West Col to Summit and return approx. 9 km, 900 m	B1	Yamnuska East Ridge passed the 'chimney' to the notch, 8 km. 575 m	B2	Yamnuska East Ridge (Ravens End), 7.4 km 530 m	C	Bow Valley PP, Middle Lake to Bow River, 6.0 km, 120 m		
Jun 11	5.0	South	A, B1	A: Carey/Muley Ridges + outlier 12km 640m B1: C/M 11km 500m	B1, B2	Sheep – High Noon Hills -10 km 285m	C	Sheep – Base of High Noon Hills – 4km 20m	B2, C	Turner Valley to Black Diamond return on the bike trail 8km 20m		
Jun 18	5.5	Canmore	A/B1	Wind Ridge 14 km 950m (scramble)	B1	Wind Ridge Upper Meadows 10km 650m	B2	Wind Ridge Lower Meadows 9km 400m	C	West Wind Creek 6km 100m		
Jun 25	6.0	Kananaskis	A	Memorial Lakes: 18 km 690m to upper (3rd) lake	B1	Memorial Lakes: 16 km 650 m to second lake	B2	Memorial Lakes: 15.2 km 500 m to first lake	C	Ribbon Creek towards Ribbon Falls AFATP		

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Date last updated:

2026-02-19

Plan Date	Hours duration	Area										
Jul 02	5.5	Kananaskis	A	Headwall Lakes, Fortress Col, Chester Lake loop: 18 km, 800-900 m	B1	2nd Headwall Lake plus AFATP: 15-17 km, 500-700 m	B1	Chester Lake and three Lakes Valley AFATP: 13 km, 550m	B2 Moderate	Chester Lake, Elephant Rocks: 9.4 km, 420 m	C	Hogarth Lakes (4.5 km) (alternate: Burstall Lakes (6.4 km)), ~100 m
Jul 9	6.0	Kananaskis	A	Mist Ridge 16km 550m	B1	Mist Ridge 16km 500m	B2	Mist Ridge 12km 500m	C	Mist Creek trail to Creek junction 6km		
Jul 16	5.5	Kananaskis	A	Lineham Ridge (to the 'post') - 14km, 710+m	B1	Picklejar Lakes - all 4 lakes, 12km 570m	B2	Picklejar Lakes - 1st or 2nd lake; -8km 500m	C	Lineham Creek 6km 300m		
Jul 23	3.0	Kananaskis	A	Mount Kidd Lookout 6km, 580m	B1, B2	Terrace Trail South - out and back 9 km, 300m	C	Lower trails at Kananaskis Village AFATP	Group Leader Training	Terrace North - Terrace Connector Loop 6 km, 100m		
Jul 30	5.0	Kananaskis	A/B1	Mt. Lipsett Horseshoe, 10km 800m (some bushwhacking, 2km walk along highway)	B1	Mt. Lipsett 14.2km 720 m	B2	Mt. Lipsett meadows 12.5 km, 500 m	C	Pocaterra Cirque 8km 300m AFATP		
Aug 06	6.0	Sunshine	A	Healy Pass from Sunshine parking, 18 km, 890m	B1	Healy Pass from Sunshine parking, 18 km, 890m AFATP	B1/B2	Sunshine Village to Simpson Pass 11.2 km, 280m gondola	B2	Rock Isle Lake Circuit Loop from Sunshine Village gondola 8.5 km, 250m	C	Rock Isle Lakes Circuit from Standish lift 7km 250m

2026 Summer Hike Schedule - Evergreen Seniors Outdoor Club

Date last updated:

2026-02-19

Plan Date	Hours duration	Area										
Aug 13	6.0	Kananaskis	A	Up and back to Guinn's Pass: 18 km 980m	B1	To Lower and Upper Galatea Lakes: 17 km, 750 m	B2	Lillian Lake 11.2.Km 480m	C	South Terrace Trail to the Village, 9 km 100m		
Aug 20 - 7:30am start	Long	Columbia Icefields	A	Nigel Pass, 16 km and 450 m	A,B1	Wilcox Pass to Tangle Creek 12 km, 430m	B1	Wilcox Viewpoint via Wilcox Pass 9.3 km 522 m	B1,B2	Wilcox Pass 8 km 390 m	C	Wilcox Pass (AFATP) - Hike on the Wilcox Pass Trail as far as desired 3.1 Km 173m
Aug 27	5.5	Kananaskis	A/B1	Black Prince Lake and Ridge above 11km, 780m	B1	Black Prince Cirque: 10 km, 625 m	B2	Black Prince-Warspite Cascades: 7 km, 275 m.	C	Blackshale Suspension Bridge 6.5 km		
Sep 3	6.0	Banff	A,B1	Rockbound Lake, 18 km, 800 m	A,B1	Moose Meadows to Larry's Camp 16 km 500m	B1,B2	Johnston Canyon to Ink Pots 11.8 km 530m	C	Johnston Canyon to Upper Falls (5.3 km, 263 m), Lower Falls (2.3km, 105 m)		
Sep 10	5.5	Kananaskis	A/B1	Pocaterra Ridge S to N, 11km 750m	B1	Arethusa to Ptarmigan Cirque Traverse, incl Little Arethusa 14 km, 580 m	B1/B2	Arethusa to Ptarmigan Cirque traverse 11.5km 450m	B2 Faster	Arethusa Cirque return from Highwood Pass parking 7.5 km, 400 m	C	Ptarmigan Cirque at Highwood Pass, 5km 230m

2026 Summer Hike Schedule - Evergreen Seniors Outdoor Club

Date last updated:

2026-02-19

Plan Date	Hours duration	Area										
Sep 17 7:30am Start	5.5	Louise	A, B1	Saddleback, Sheol Valley, Paradise Valley 12km 650m	B1	Sentinel Pass, 11.6km and 725m	B2	Eiffel Lake 11.2km and 370m	B2	Larch Valley and Minnestima Lakes: 8.6 km and 535 m	C	Consolation Lakes (short boulder field) 6.2km 265m or Moraine Lake Shoreline Trail 3.7km 100m
Sep 24	6.0	Canmore	A	Sparrowhawk Tarns to the upper tarn: 13 km, 750 m	B1 Faster	Sparrowhawk Tarns to the lower tarn viewpoint: 10 km, 600 m	B1 Moderate	Sparrowhawk Tarns to the lower tarn viewpoint: 10 km, 600 m	B2 Faster	Sparrowhawk Tarns to the Big Cairn: 6.8 km, 400 m	C	HRT South from Sparrowhawk: 6 km, 200 m AFATP
01-Oct	5.5	Banff	A	Cory Pass/Gargoyle Valley/Edith Pass – 15 km 1,100 m – steady steep climb to Cory Pass	B1	C Level Cirque/Upper Viewpoint – 12 km 700m – some very steep sections	B2	C Level Cirque – 8 km 455 m	C	Lake Minnewanka Stewart Canyon, 5.4 km, min elev change		
Oct 8	5.5	Kananaskis	A	James Walker Lake and Cirques 16.5km 800m	B1 Faster	James Walker Lake and Cirque 14km 650m	B1 Moderate	James Walker Lake 13.5km 570m	B2 Faster	James Walker Lake 8.6km 259m	C	James Walker Lake 8.6km 259m AFATP and / or Sawmill Loop 5km 155m
Oct 15	5.0	Kananaskis	A	Rawson Lake and Ridge: 12 km, 700 m	B1	Rawson Lake to end of lake: 10 km, 320 m	B1	Upper Kananaskis Lake – North to South: 12 km, 300m	B2	Rawson Lake: 8 km, 320 m	C	Palliser Slide (from North Interlake Parking) plus lakeshore walk 7km, 75 m
Oct 22	4.5	South	A	Powderface Rdg to West Outlier 12km 800m	B1	Powderface Ridge 10km 640m	B2	Powderface Ridge Trail to Outlier (SE of col) 6km 500m	B2	Little Elbow Trail to former blue bridge 10km 75m		

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Oct 29	5.0	Banff	A	Banff – Sulphur Mountain Traverse from Cave and Basin: 14km,	B1 Faster	Sulphur Mountain Trail, up & back 11 km, 700 m	B1 Moderate	Sulphur Mountain Trail, up & back 11 km, 700 m	B2 Faster	Banff: Sundance Loop from Cave and Basin, 10 km, 390m	C	Banff Walks from Fenland Rec Centre - Fenland loop+ 6+ km, 50m
	5.0	Canmore	A	Lady MacDonald old heli pad 9 km, 940m	B1 Faster	Lady MacDonald old heli pad 9 km, 940m AFATP	B1 Moderate	Highline Trail and Three Sisters Pathway Loop, 9.8 km, 471m	B2 Faster	Highline Trail and Three Sisters Pathway Loop, 9.8 km, 471m	C	Canmore - town walks
	5.0	Banff	A	Stanley Glacier trail AFATP > 12km, 600m	B1 Faster	Stanley Glacier trail loop to Bench 12km, 600m	B1 Moderate	Stanley Glacier trail loop to Bench 12km, 600m	B2 Faster	Stanley Glacier 8.4km, 365m	C	Stanley Glacier to Stanley Creek Bridge 4.8 km, 220 m
	5.0	Bragg Creek	A	Ranger Ridge, Fullerton, Sugar Daddy, Strange Brew, Boundary 17 km, 650 m	B1	Mertin Loop 14.5 km, 450 m	B2	Ranger Ridge, Strange Brew Loop 10km, 450m	C	Mountain Road 8.6 km, minimal elevation AFATP		
	5.0	Sibbald	A	Cox Hill 13km 780m					C	To Sibbald Viewpoint and walk to Moose Pond meadow 4km 50m		