

Evergreen Seniors Outdoor Club

Board Meeting Minutes
Friday, November 7, 2025
Signal Hill Library



Meeting attended by:

Liz	Whitehouse	President	Present
David	Fulton	Vice-President	Present
Dane	Bridge	Past President	Present
Hugh	Powell	Treasurer	Present
Sharon	Hanwell	Secretary	Present
Johanna	Voordouw	Membership Director	Present
Carolyn	Ardell	Transportation Director	Present
Harold	Kroeger	Transportation Director	Present
Cheryl	Inkster	Summer Hiking Director	Absent
Dane	Bridge	Winter Activities Director	Present
Eric	Leavitt	Website Director	Present
Sandra	Braden	Social Director	Present
Phyllis	Quarrie	Social Director	Present
Peter	Dankers	City Hikes Coordinator	Present
Joan	McLean	Newsletter Coordinator	Absent
Carol	Rose-Skelly	Membership Support Coordinator	Absent
Peter	Kubica	Chief Incident Coordinator	Absent

Liz called the meeting to order at 9:10 a.m., confirmed quorum and welcomed everyone. The agenda was reviewed. Eric moved to accept the agenda, seconded by Hugh. **Carried.**

The Board Meeting Minutes of August 15, 2025 were reviewed. Eric moved acceptance of the minutes, seconded by Sharon. **Carried.**

Reports

- **Liz Whitehouse, President**

The summer hiking season is finished and we have started the winter events. Thanks to Cheryl Inkster for her work as Summer Hiking Director. Dane Bridge, along with advice from Hugh Powell, is compiling the winter events. The city hikes continue to have excellent attendance. Thanks to Peter Dankers for his research and leadership.

We were lucky with the weather for September and October and enjoyed the larch trees on many hikes. Most of the events had a full bus. We were able to accommodate guests on most trips due to the volunteer drivers. Very few members were bumped.

I received several comments from guests that feel the ESOC is a well-organized club. They were appreciative of the good communication about hikes, bus protocol and safety procedures. They also thought the members were friendly and helpful. Their only concern was that they have to wait before becoming full members.

There has been some discussion among members about satellite phones. Peter K and Greg McKenzie have prepared a report which will be discussed later in the meeting.

We are still waiting for Parks Canada to decide whether the under 65's with a Parks Pass have to pay an extra fee. No details as yet about the 2026 Moraine Lake Road extra bus cost. It was \$650 in 2025. Apparently, they have noted the comments from Calgary senior hiking groups and may reconsider the fee for us next year. Also, no details yet regarding Canada Strong 2026.

Thanks to all the Board Members for their support and advice. It's a pleasure to work with such a great team. I'm looking forward to EOSC winter events.

- **Hugh Powell, Treasurer**

TREASURER'S REPORT TO 31 OCTOBER 2025

As stated at the last meeting, ESOC is in a good financial position. The cash position is as follows;

Bank Balance 31 October 2025	\$30,622.13
Uncashed Cheques:	None
Cash available	\$30,622.13

Notes:

Owing: Universal October trips	\$6,378.75
Prepaid 70 Attendees Fall Lunch	\$2,175.00
Prepaid Fall Lunch Deposit	\$1,100.00

See Appendix 1 for the Financial Summary

- **Johanna Voordouw, Membership Director**

We have 199 ESOC members: 151 full members and 48 associate members. There are 10 guests waiting to be accepted as full members. Two current members have emailed to share that they will not be participating for the remainder of this club year and will not renew their memberships for the upcoming year. Johanna will let the guests waiting to become members know that our membership information is reviewed in February and new members will be invited to join ESOC once we know how many of the existing members are renewing their membership for the upcoming year.

Motion: Hugh moved that, subject to getting written resignations by full members, we invite the guests at the top of the waitlist to join ESOC, in order to maintain our full membership numbers during the year. Seconded by Eric.
Carried.

- **Carolyn Ardell & Harold Kroeger, Transportation Directors**

The Spring Summer hiking season of 2025 started April 10 and continued for 30 weeks to Oct 30, 2025. Of the possible 30 bus trips, 1 was cancelled (Entrance Ridges – June 12).

This spring/summer season there were no major events requiring alternative pick up points or cancellations due to smoke. However, there was a bus break down on the return from Yoho/Emerald Lake August 14. Thank you to Liz Whitehouse, Sharon Hanwell, Peter Kubica and Steve and Lynn Whittingham for their support and handling of the situation.

We have had a consistent bus driver this summer Raj Singh, who has been fabulous at getting us to where we want to go. I would like to suggest a Christmas bonus of \$250.00 be given to Raj. This amounts to less than \$10.00 per trip for our spring summer trips. Raj drove 1, 541 riders over 29 trips, during the spring/summer season. I look forward to having him as our driver through the winter season and into spring.

Motion: Carolyn moves that ESOC give Raj Singh a Christmas Bonus of \$250.00. Seconded by Harold. **Carried.**

Our new contract with Universal, started April 6, 2025 and continues for 2 years, until March 31, 2027. With our new contract we needed 52 people on the bus to cover the cost at 25.00/rider for the Spring/Summer Season of 2025. Starting November 1, 2025 we go into our winter rate. There is a slight decrease in the winter rate. For the winter months as long as we have 50 on the bus, the cost is covered.

Very few members were “bumped” from the bus this past summer/fall season. Those members that were bumped could opt to drive and did so in many cases. We will continue to follow the process for those who wish to self drive. If the bus is full then no fees will be collected. If, the bus is not full, then the bus fee will be collected from those who are self driving.

Thank you to Harold and Liz in supporting the role of Bus coordinator.

- Cheryl Inkster, Summer Hiking Director
 - 2025 Summer trip season execution:** Deb Waldock planned 31 trips plus 13 potential alternates
 - 30 trips have been completed as of October 31
 - 4 location changes – one for trail conditions, two for improving bus access, one to avoid a trail that was going to take too long to hike
 - 14 trips had trail revisions/additions usually by request from the Day Leader or another experienced member
 - 1 trip cancelation due to low registration (inclement weather forecast)
 - 3 Day Leaders have been mentored by more senior members; a successful program that was introduced by Kyra in the past years
 - 2 trips have split the Day Leader duties between 2 members to share the tasks
 - A couple of Day Leaders had to cancel but others volunteered to fill in for them
 - Split the B1 & B2 groups registrations into Faster and Moderate to keep the groups smaller and to help Day Leaders more easily identify Group Leaders
 - Great response from the membership to be Group Leaders
 - Appreciated all the tips that members provided into closed trails or the best bus locations for pick-up and drop-off.
 - **Pace of hikes:** Hikers continue to sometimes end up on over-ambitious hikes and impact the group – these are mostly one-off situations with hikers that are relatively new to the club
 - **2026 Summer trip season planning:**
 - Eric has provided a database extract of the hikes from the last 3 years. This list is being used to create a draft schedule
 - In January, a committee will be recruited with guidance from Barb BJ and Kyra. Barb will facilitate a committee session to review and revise the draft schedule

Additional Discussion: Dane has agreed to plan an event for April 2, 2026.

- Dane Bridge, Winter Activities Director

Evergreens 2025-2026 Winter Schedule Draft		
Date		Name of Volunteer Day Leader
06-Nov	Barrier Lake	Eric Leavitt
13-Nov	West Bragg Creek	Dane Bridge
20-Nov	Fall Luncheon	none
27-Nov	Lake Louise-Moraine Road	Frank Howard
04-Dec	Peter Loughheed	

11-Dec	Goat Creek	Jane Ebbern
18-Dec	Peter Lougheed	Peter Kubica
25-Dec	no event-Christmas Day	none
01-Jan	no event-New Years Day	none
08-Jan	Lake Louise-Moraine Road	Sharon Hanwell
15-Jan	Castle Lookout to Baker Creek	Douglas Kosowan
22-Jan	Peter Lougheed	Greg McKenzie
29-Jan	Emerald Lake	Ann Nickerson-wanted Lake Louise
05-Feb	Cascade Fire Road & Ice Sculptures	Sandra Braden
12-Feb	Lake Louise-Ice Sculptures	Erlinda Howard
19-Feb	Peter Lougheed-Chester Lk	John McLean
26-Feb	Mt Shark	Gerrit Voordouw
05-Mar	Peter Lougheed	
12-Mar	Banff, Spray Lk, or PLPP	
19-Mar	Green Monster/K. Village ski	Kyra Fisher-wanted Emerald Lake
26-Mar	Peter Lougheed	
02-Apr	Canmore	
09-Apr	no bus event-AGM	none
Possible Hikes for November 2025: Barrier Lake, Cox-Eagle-Hill-Ole Buck, West Bragg Creek, Sheep River-Sandy McNab		
Possible Winter Season Hikes with skiing and snowshoeing:		
Canmore area, Canmore Nordic Centre, Lake Louise, Emerald Lake, Lake Minnewanka-Banff townsite, Green Monster-Evan Thomas, Ribbon Creek, Peter Lougheed-William Watson, Elk Pass and area, Elk Pass-Rawson Lake, Smith Dorrien-Mt Shark-Sawmill, Chester Lake-William Watson, Goat Creek, Castle Lookout		

Additional Discussion: There was some question as to whether the Bus Company would be willing to drive us to the Goat Creek Parking lot for the December 11 proposed trip. Dane and Carolyn will investigate further.

- **Eric Leavitt, Website Director**

The website has been functioning well with no interruptions in service that I am aware of.

We continue to attract guests to our club. I am responding to about 1 to 3 people every week. The comments I have gotten back from guests are that they really enjoy the outings and find the club members very welcoming.

Please note: When setting up bus trips please ensure that the Allow Guests Box is checked and that the Close Registration box is not checked. (If you check the close registration box then the trip will not open and people won't be able to register until it is unchecked.

- **Sandra Braden & Phyllis Quarrie, Social Directors**

The Fall lunch is just under 3 weeks away and we have 99 members registered. Glenmore Inn has kindly agreed to match last years price. Gerrit Voordouw has agreed to do a slide show for lunch. Please send him 5-10 of your best photos from the past year.

Gail, Lorraine and Joan are collecting donations for raffle.

We have invited the bus driver and will need approval to cover the cost.

Motion: Phyllis moves that the cost of the meal for our Bus Driver and his wife be covered by ESOC as a thank you for his driving this year. Seconded by Sandra. **Carried.**

Action: Hugh will let Sandra and Phyllis know which members have paid for the event so that they can remind those who have not paid.

- **Peter Dankers, City Hike Coordinator**

At the conclusion of 2025, 16 city hikes will have been held for this calendar year. As usual, the program will take a break for the holiday season and will start again at the end of January.

The number of participants increases steadily and approaches 40 people. To accommodate these larger numbers the following changes are proposed:

- City hikes will have two groups. Participants can choose between a longer more vigorous hike or a shorter more relaxed hike. The options will be posted on the Website and people will have to make their choice at registration.
- Volunteers will be needed to lead these hikes. After inviting members to submit suggestions, the hikes will be reviewed and the program for the first 6 months of the year will be posted early January. Volunteers will be asked to sign up to lead the hikes. The second half of the year will be posted early June.

Addition Discussion: Eric offered to help Peter adjust the hike set-up to offer two options.

Peter shared that there are between 0 and 5 guests attending each of the city hikes. Some of these people are coming in order to learn more about the club before they decide to attend a Thursday trip.

- **Carol Rose-Skelly, Membership Support Coordinator**

Get well cards have been delivered to a few members and a few phone calls have been made. Approximately 50% of the members whom I ask if they would like a card decline. Some people are private about health issues. Ann Lyon has

information about Norm Wardlaw's memorial at the Earl Grey golf club in November, which should be sent to the members.

- **Joan McLean, Newsletter Editor: No report**

- **Sharon Hanwell, Secretary**

Our Annual General Meeting will be held on April 9, 2026 at the Montgomery Community Association. It is suggested that a notice of meeting be sent out in early January and that the meeting also be posted on the website 12 weeks in advance as this is the usual process for posting Thursday events. The agenda should be posted/sent out 2 weeks in advance, which would be March 26, 2026.

Action: Sharon will work with Sandra and Phyllis regarding the catering needs for the event.

Action: Sharon will contact Greg McKenzie and Peter D. to see if they are willing to arrange hiking opportunities before the meeting.

- **David Fulton, Vice President: No report**

- **Dane Bridge, Past President**

The club executive has done a superb job of managing the club's finances. As a not-for-profit society the club needs an adequate cash balance to cover operating costs and protect it from unexpected expenses. Since the club's purpose is to serve its members, I propose that the club return its excess equity to its members with subsidies and reduce its capital to about \$12,000.

Evergreen Seniors Outdoor Club Annual Equity at the end of February 2025

2025	\$20,850
2024	\$15,790
2023	\$12,552
2022	\$13,780
2021	\$17,274
2020	\$21,291
2019	\$14,876

Possible subsidies/equity returns:

- Pay the Parks Canada additional costs to travel to Moraine Lake. This year the cost was \$650.00 and the cost for 2026 is not yet available.
- Parks Canada may charge ESOC members who are under 65 and have a Park Pass, an additional fee. This fee could be paid by ESOC.
- Reduce 6 weeks of winter and 6 weeks of summer bus trips to \$20 vs \$25. Based on a full bus of 55 people the bus income would be reduced by \$3300.

- Increased subsidies for BBQ and Fall Luncheon
- Decrease the minimum participants for bus trips from 40 to 38.
- Possible subsidy for a non-certified field first aid course.

Motion: Dane moved that 6 weeks of winter trips and 6 weeks of summer trip costs be reduced from \$25.00 to \$20.00. Motion not seconded; motion failed.

Additional Discussion:

It was agreed that this discussion would be delayed until the next meeting in hopes that more information about Moraine Lake fees and the charge for under 65 members will become available.

It was also noted that Universal is now charging ESOE when trips are longer than 10 hours. This provision has always been part of the contract but Universal is only now beginning to add this cost to the bill. Additional funds could be set aside to cover these costs, rather than charging members for the longer trips.

- **Peter Kubica, Chief Incident Coordinator**

Testing Satellite Phones for Group-to-Group Communication

The ability to contact emergency services when out of cell phone range has improved significantly as increasing numbers of SOCC members acquire devices capable of satellite connectivity, such as newer iPhones, Garmin InReach, SPOT, etc. In the summer of 2025, 22 Club members indicated they own such devices. While we can't be certain each group always includes someone with a satellite-capable device while hiking or skiing, it is increasingly likely.

The other potential use of satellite-capable phones is for group-to-group communication in those instances when we are unable to reach one another by radio. Eight Club members, all owners of newer iPhones, agreed to test the concept on hikes over the summer.

Setting up the test revealed a number of hurdles to success. In order for Person A to text Person B, Person A needs to already have Person B's contact information in their phone. For the trial, we created contact cards for each of the testers and shared those among the group. We then figured out who was hiking in which group (A, B, C) on the days of the testing, and set a schedule — Tester 1 in Group A would text Tester 2 in Group B, and so on. The schedule had to be reworked when one of the testers had to withdraw from the hike. It's worth noting that even before the test was conducted, the challenges of using personal satellite-capable devices for the purposes of group-to-group communication were significant. The Club would have to find a way to track who had a satellite capable device and was willing to use it if needed for group-to-group communication during a hike, find a way to ensure everyone with satellite-capable phones had added the contact information for the other device holders to their phones, determine each week which device owner was hiking in which

group and share that information so that, for instance, if Group C needed to contact Group A, the device owner would know who in Group A with a device was hiking that week. If someone withdrew from a hike, the information would need to be updated and shared.

The test showed that using personal iPhones for group-to-group communication isn't feasible. Texts between iPhone holders only work if both parties are holding their phones in such a way that they both connect with a satellite. Texts were not received, or received long after they were sent, as people were not connected with a satellite, had their phones on airplane mode, or weren't actively looking for a satellite in case a text was incoming. Our conclusion is that as the technology stands currently, it isn't useful for group-to-group communication.

The ESOC members who have satellite devices can be found on our website at: **Member Resources/ ESOC Incident Reporting/ Incident Coordinators List**

For reference here, the list is:

Garmin InReach	Bus Driver Mike Gervais Nancy Morton Chris Spence Andrea Zahn
SPOT	Jane Ebber Peter Kubica Greg McKenzie Kevin Meaney Steve Whittingham
Zoleo	Shelley Lunney
iPhone 14 or higher	Keith Bagnall Eric Leavitt Bob Metcalf Bob Perkins Lynn Whittingham

Completed Action Items from August 15th Board Meeting

Action: Dane has completed the Alberta Registries papers for this year and will provide copies to Liz and the originals to Sharon for filing in the ESOC binder.

Result: The papers are posted in the Dashboard under Media - Library – ESOC Historical Files.

Action: Liz will prepare an Incident Report for the bus breakdown so that the Incident Response Team can consider whether there is anything that can be learned from this experience.

Result: The report is posted in the Dashboard under Media – Library – Incident Reports.

Action: Liz will send an email to ESOC members thanking them for their support and informing them of the actions that the Board is taking to review the incident.

Result: Complete

Action: Sharon will write a card to Lynn and Steve Whittingham, on behalf of the Board, to thank them for all their fabulous care and support in dealing with the bus breakdown.

Result: Complete

Action: Liz will check in with Karen Hall, who is communicating with Parks on behalf of the Calgary Hiking groups, to see if there are any new developments.

Result: Updates are included in the November 7th President's report

Old Business

Action: Peter K and David will look into who might provide an Emergency First Aid course for interested Evergreen members. ESOC funds could be used to pay for the training as having experienced first-aiders would benefit the club as a whole.

Result: An update will be provided at the next meeting.

Items Carried Forward from August 15, 2025

- National Parks Entry Fee: Hugh, Eric, Liz
Discussion of proposed National Parks entry for members under 65. Explanation of new form that Hugh has to submit to Parks. New charges applied to buses using Moraine Lake Road.

There have been no further updates to date.

- New Spending Motion: Dane
Motion: Dane Bridge moves that the president be able to approve any purchases less than \$200.00 for supplies and equipment, with a yearly maximum expenditure of \$500.00. Motion not seconded; **motion failed**.

Additional Discussion:

Hugh clarified that standard expenses do not need to be motioned for approval by the board. Examples include the yearly fee paid to maintain the website, new batteries for the radios, baskets for the Fall Luncheon draws, and buying a copy of Robert's Rules of Order for the club. Motions should be made to approve larger purchases such as subsidizing the cost of an event or a trip.

- ESOC Land Acknowledgment Suggestion from member Brian Plesuk:
Brian suggests that ESOC have an Indigenous Land Acknowledgement and has had experience in writing these acknowledgements. He has created drafts for board consideration which are noted below.

Note: Appendix 2 contains background information on why land acknowledgments are important and is an excerpt from The Law Society of Alberta's Land Acknowledgement Guide which was published in June 2025.

Motion: Liz Whitehouse moved that ESOC adopt the long version of the Land Acknowledgements to be posted on the website and the shorter version to be used for Board Meetings, AGM and social events. Seconded by Carolyn. **Carried.**

Long version for newsletter, website and emails:

The Evergreen Seniors Outdoor Club acknowledges and has the privilege of experiencing the traditional lands of the Indigenous Peoples of Treaty 7 territory which includes the Stoney Nakoda Nations, the Tsuut'ina Nation, the Blackfoot Confederacy Nations and the Metis Homeland of Alberta. Occasionally, the ESOC travels into British Columbia to the unceded territory of the Kootenay / Ktunaxa (k- too-nah-ha) and Sepwepemc (shuh-whep- emc) Indigenous Peoples and the Metis Homeland of British Columbia. With gratitude, we travel the trails of reconciliation together.

Shorter version for Board meetings, social functions:

The ESOC acknowledges and has the privilege of experiencing the traditional lands within Treaty 7 territory and Metis Homeland in Alberta and, the unceded territory and Metis Homeland in British Columbia. With gratitude, we travel the trails of reconciliation together.

Shortest version for Bus Trips: Note: This is included for your interest only.

Alberta: Today we have the privilege of experiencing the traditional lands of the Indigenous Peoples of Treaty 7 territory comprised of First Nations and the Metis Homeland. With gratitude, we travel the trails of reconciliation together.

British Columbia: Today we have the privilege of experiencing the traditional lands and unceded territory of the Kootenay / Ktunaxa (k- too-nah-ha) and Sepwepemc (shuh-whep-emc) Indigenous Peoples and the Metis Homeland. With gratitude, we travel the trails of reconciliation together.

- AGM Report Request: Hugh Powell
It is suggested that Director's reports be available to members prior to the AGM. They could be posted on the website under Club Documents. It would very

helpful if the financial reports, in particular, could be posted so that members have time to examine them and ask questions at the AGM.

Action: The agenda will be posted 2 weeks before the AGM. A copy of all of the reports will be posted on the website and shared with the members 2-3 days after the end of the month.

- **Suggested Policy Change:** Eric
Eric suggests that the ESOC policies be adapted so that guests and even first-time guests will be allowed to drive if they are with their sponsor or with other club members that they already know. These guests will still have to physically be on the bus 3 times in 6 months before applying for membership.

Motion: Eric moved that the ESOC Membership policy be adapted as follows:

I. Membership

1. Applicants ~~will~~ **must** complete a minimum of three bus outings in a six-month period as a guest before being eligible to apply for membership.

Seconded by Hugh. **Carried.**

Motion: Eric moved that the ESOC Membership policy be added to as follows:

I. Membership

2. Guests who are bumped from the bus may come by car if they are accompanied by a club member. They must still complete a minimum of three outings on the bus before applying for membership.

Seconded by Sharon. **Carried.**

Note: All other Membership policies remain the same but will be renumbered.

New Business

- **Suggested Policy Addition:** Sharon
In reviewing ESOC Policies and Bylaws there is no mention of the usual meeting format or a communication policy. Sharon suggests that the ESOC policies be adapted so that these areas are more transparent.

Motion: Sharon moved that the following Meeting Format policy be adopted:

ESOC Meeting Format

ESOC Annual General Meetings and Board Meetings will follow the processes outlined in Robert's Rules of Order.

Seconded by Hugh. **Carried.**

Motion: Sharon moved that the following Communication policy be adopted:

ESOC members will communicate respectfully with each other, with guests and the people with whom we work. This includes being mindful of our words, tone, non-verbal actions and our overall behaviour in all interactions. We recognize that it is important to choose the most effective

time to share a message as well as the most appropriate method of communication. We ask all members to think carefully about the most appropriate audience for the message as well as the most appropriate message form e.g. face to face, email, phone call, letter. In addition, it is helpful to consider how the message is likely to be received before it is shared.

When challenges arise, they should be dealt with by the individuals closest to the problem, as calmly and quickly as possible. In some cases, a board member may serve as support to ensure the issue is solved constructively.

Seconded by Carolyn. **Carried.**

- Next Board Meeting: Sharon
An email will be sent to all board members, asking that they:
 - indicate which of the following dates for a Board Meeting they can attend: February 6, 20 or 27 (not 13 as this is the Family Day long weekend)
 - indicate whether they wish to remain in their position for the 2026-2027 year.

Adjourned at 11:14 a.m.

Appendix 1: ESOC Financial Summary

E.S.O.C.
Financial Summary 2025 - 2026

September 2025					
Deposits/Credits			Expenses/Debits		
No Shows Eric Marsha Dorothy	03 Sep 2025	\$ 75.00	Universal 2 Jul 4 Aug Tri	\$ 8,337.00	886
Outing Helen Lake, Bow Lake	04 Sep 2025	\$ 1,310.00			
No Shows M Raine (Guest	09 Sep 2025	\$ 25.00			
Outing Elbow & Rae Lake Piper Pass	11 Sep 2025	\$ 1,375.00			
Outing Highwood Pass	18 Sep 2025	\$ 1,325.00			
Outing Sparrowhawk Tarns	25 Sep 2025	\$ 1,325.00			
Acct Rebate		\$ 4.95		\$ 4.95	
Total		\$ 5,439.95	Total	\$ 8,341.95	-\$ 2,902.00
Sept balance					\$ 26,752.62
October 2025					
Deposits/Credits			Expenses/Debits		
No Shows for 8 trips (01Oct2025)	30 Sep 2025	\$ 200.00	Universal 4 Sep Trips	\$ 5,234.25	887
Outing James Walker	02 Oct 2025	\$ 1,250.00			
D Lloyd & Phil Bakes eXf no cash	24 Oct 2025	\$ 50.00			
Outing Stanley Glacier	09 Oct 2025	\$ 1,415.00			
Outing Entrance Ridges	16 Oct 2025	\$ 1,280.00			
Outing Banff Sulphur Mtn	23 Oct 2025	\$ 1,285.00			
Outing Canmore	30 Oct 2025	\$ 1,375.00			
No show Lewis & Ngo	24 Oct 2025	\$ 50.00			
Fall Lunch Total Paid 70	31 Oct 2025	\$ 2,175.00			
No show Tsang, Allen & Batychi	28 Oct 2025	\$ 75.00	Service Charge	\$ 48.75	
			Cash & Items Deposit	\$ 2.49	
Acct Rebate		\$ 4.95	Bank Fees	\$ 4.95	
Total		\$ 9,159.95	Total	\$ 5,290.44	\$ 3,869.51
Oct balance					\$ 30,622.13

Appendix 2: Land Acknowledgements

The Law Society of Alberta prepared a Land Acknowledgement Guide in June 2025. It provides some helpful background information on the purpose and origins of land acknowledgements. Two excerpts are printed below and the entire document pdf can be found here: [documents.lawsociety.ab.ca › wp-content › uploads](https://documents.lawsociety.ab.ca/wp-content/uploads)

Land Acknowledgement Guide, page 4 & 5

The purpose of doing a land acknowledgment is to further reconciliation and acknowledge that as a non-Indigenous person, you are considered a guest upon many Indigenous Peoples' traditional lands. Land acknowledgments are traditional protocol used to give thanks and to pay respect to the peoples and the land for which you are a visitor upon. Land acknowledgments are one of many protocols followed by Indigenous Peoples. Protocols are the ways of interacting with Indigenous people in a manner which respects their traditional ways of being. Protocols go beyond simply manners or rules, as they represent a culture's deeply held ethical system.¹

“Spanning generations, acknowledgement of the land is a traditional custom of Indigenous peoples when welcoming outsiders onto their land and into their homes. To build respectful relationships, acknowledging the land is an important part of reconciliation. It honours the authentic history of North America, its original people and tells the story of the creation of this country that has historically been missing.”

– The Calgary Foundation

The most meaningful land acknowledgments recognize that the acknowledgment itself is just the first of many steps towards reconciliation. Land acknowledgments are an element of building relationships, mutual recognition and respect with Indigenous Peoples.

Origins of Land Acknowledgments

Land acknowledgments have been used traditionally by many Indigenous groups since time immemorial. Traditional land acknowledgments are cultural and political tools used by sovereign Indigenous Nations to manage relations respectfully and peacefully with neighbouring sovereign Nations. Traditionally, they were used to give thanks and pay respects to the land of the people guests are visiting. There is no single or uniform traditional land acknowledgment. They vary Nation-to-Nation but imply responsibilities on both guest and host. Often, guests carefully consider their reasons to enter the territory of host, seek permission, and give gifts. Hosting comes with responsibilities that may include gifting, making speeches and feasting. Regardless of specific protocol, acknowledging another Nation's territory is a way to honour hosts, show respect and foster good relationships.

Following the Truth and Reconciliation Commission's Final Report and 94 Calls to Action, land acknowledgments in non-Indigenous spaces delivered by non-Indigenous peoples became important gestures of reconciliation, to acknowledge that Indigenous sovereignty has existed in Canada since time immemorial.