

ESOC NEWS

Summer 2024



In this issue:

- ◆ President's Message
- ◆ Someone else's treasure
- ◆ Volunteer Shoutout/Basket Donations
- ◆ Every picture Tells a Story
- ◆ The Last Word

Message from the Club President

We are too popular. With the fine weather this summer the registration for some hikes has been overwhelming with one hike experiencing 93 registrations. At a summer ZOOM board meeting we decided to limit the number of Evergreen hikers who could participate to 70 with 55 on the bus and a maximum of 15 driving. The reasons for the limits were to maintain a manageable work load for the organizers and to ensure that the hike parking lots were not overwhelmed. Some hike locations have multiple starting/drop off points that can facilitate more traffic, but some have a single starting/drop off point and we do not want to overload the facilities. Consequently, more associate members and guests are getting bumped along with full members. We want to focus on our full members but also want to encourage new members who will take the place of those who leave the club.

If you have suggestions about how the club can accommodate new hikers, please pass them on to me for discussion at the upcoming Oct 4 board meeting.

Tailgate party for Al Millar. On August 22 the club had a cookie-fest to recognize Al Millar, one of the clubs devoted long-term members, who is moving to Canmore. Al is going to live in a seniors' facility in Canmore where he will also be closer to his son who is a Canmore resident. I am sure that we will see Al joining in some of our hikes, but he no longer will be that regular who joined us on the bus at Montgomery week after week every season. I know Al will soon be active with the Canmore hiking groups to continue his passion for the mountains.



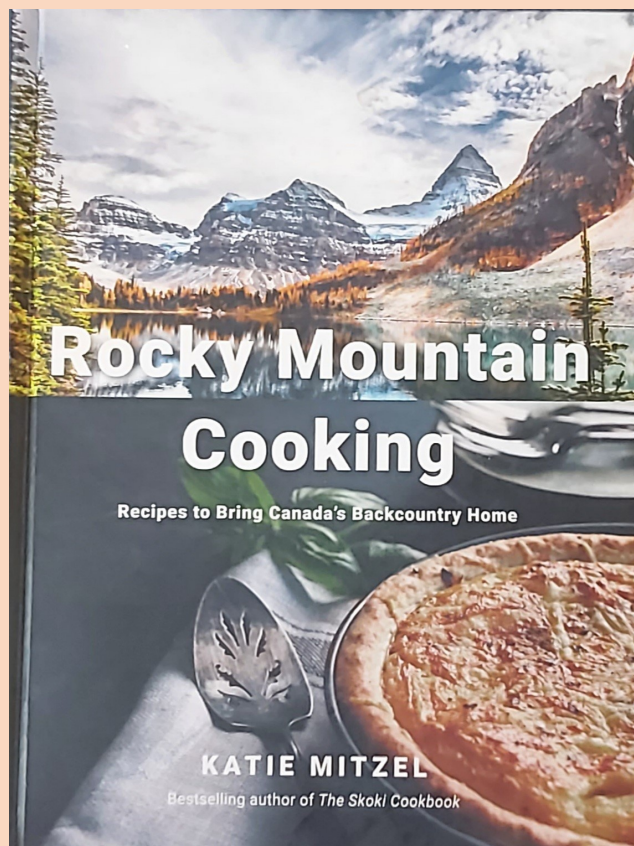
Grizzly Bear. The B1 hikers at Lillian Lake on August 8 had a grizzly sow with a cub cross the trail in front of them as the bear grazed along the banks of a creek. Fortunately, she was well versed in the grizzly bear code of ethics and knew that we were not part of her usual diet. She completely ignored us and casually and slowly continued her way. Elizabeth Zeigler captured an excellent photo of the pair.

Dane B.

Someone else's treasure...

We have all heard that expression that someone's treasure is sometimes something another person wants to give away. I was reminded of this recently when I visited a friend, who is an Evergreen, while in Ontario. The cook-book "Rocky Mountain Cooking" had become her favourite recipe source, so much so she carted it back and forth from Alberta to Ontario. She won the book in a basket at the Evergreen Fall Luncheon and has treasured it since.

So the time is nearing, where our new Basket coordinator, Setsuko Moulton will be accepting donations for the 2024 luncheon. Think about how your treasure can become a favourite to someone else. **The fall luncheon will be held November 28.**



Volunteers make it happen...

Welcome, Setsuko Moulton, to the volunteer corps! Setsuko is taking over as Basket coordinator from Sheila Perkins. This is always a fun part of the fall luncheon and it is nice to have it continue. Setsuko joined the Evergreens last year and so it is great to welcome her to the volunteer team.

Thanks also to Cheryl Whitehead who is resigning as Member Services. Thanks for all the care you took caring for Evergreens.

Fall Luncheon Basket Donations

Drop off deadline is November 14th

Drop off dates: October 31st, November 7th, 14th

Drop off place: Montgomery Community Center (Bus pickup location.)

Time: 7:20 am to 8:00 am.

Suggested items for donation:

- Gift card such as Tim Horton, Starbucks Chapters etc.
- Wine, beer, any kind of drinks are welcome.
- Preserves, jam, cheese, coffee, tea, chocolate etc.
- Craft items, books, Christmas ornament
- Games, cards, puzzles
- Respectable recycled items

(Also, donations of baskets are needed.)

Alternate pick up locations are possible and can be arranged with Setsuko. Look for her Red Camry on the above drop off dates.

Every picture tells a story

Rod Stewart, who will turn 80 in January of '25, released the above named album in 1971. The title track became a signature song for him.. (The B side was Reason to Believe, by the way.)

Marty Cramer submitted the following pictures from various hikes. I think they tell a story. What story do you see?



The Last Word



We need the tonic of wilderness. We
can never have enough of nature.

Henry David Thoreau

Photo credit Joan McL