

Winter Season Trips –October, 2023 -March, 2024

2023/10/05 - Lake Louise Area – long day – Larch Season - Ann Nickerson

A Devil's Thumb via Big Beehive 12.9 km 883 m

B1 Mt St. Piran 13km 940m

B1 The Little Beehive and Lake Louise Loop 11.7 km, 500m

B1 Plain of Six Glaciers 15 km 600m

B2 Plain of Six Glaciers 15 km 600m

B2 The Little Beehive and Lake Louise Loop 11.7 km, 500m

C Fairview Lookout, 1km 140m

C Snowshoe LL shoreline trail to falls, Louise Creek trail to village, add Fairview lookout(?) 6-8.6km, +90m/-195m

2023/10/12 - Stanley Glacier/Marble Canyon area - Elisabeth Dupuis

A Stanley Glacier trail loop to Bench 12km, 600m

B1 Stanley Glacier trail loop to Bench 12km, 600m

B2 Stanley Glacier 8.4km, 365m

B2 Boom Lake 10km, 175m

C Banff - Bus Depot to Bow Falls 6 km, 25 m

2023/10/19 - Rawson Lake, Upper Kananaskis Lake - Jane Fraser

A Rawson Lake and Ridge: 12 km, 700 m

B1 Rawson Lake to end of lake: 10 km, 320 m

B1 Upper Kananaskis Lake - North to South: 12 km, 300m

B2 Rawson Lake: 8 km, 320 m

C Palliser Slide (from North Interlake Parking) plus lakeshore walk 7km, 75 m

2023/10/26 - CANCELLED – Barrier Lake area - Pete Serafini

2023/11/02 - Prairie Mountain - Douglas Kosowan

A Prairie Mountain Loop via West Ridge, 11.7 km 850 m

B1 Prairie Mountain, 8.2 km 800 m, up and back

B2 Powderface/Prairie Creek Loop 13.5km 370m

C Elbow Falls to Station Flats 10km, 250m

2023/11/09 - Barrier Lake Area - Pete Serafini

A Jewell Pass - Prairie View Loop (Incl. Barrier Lookout) 16km 630m

B1 Prairie View Trail to Barrier Lookout 12.1 km, 650 m (stopping at highpoint 11 km, 500 m)

B2 Prairie View Trail to a lovely viewpoint 10km, 450m

B2 Jewell Pass trail to Jewell Falls 10km, 240m

C Stoney Trail to Jewell Bay campground 7.4 km 50m

2023/11/16 - Bus Trip to West Bragg Creek Cancelled - Kyra Fisher

2023/11/23 - ESOC Fall Luncheon -

2023/11/28 - Changed to Carburn Park City Hike -

2023/11/30 - Snowshoeing/Hiking in the Banff area - Irish Rappel

A Banff - Sulphur Mountain Traverse to Bus Depot - 18km 800m

B1 Banff - Sulphur Mountain Trail-up and back : 13 km, 750 m.

B1 Banff - Hodoos from the Bus Depot 13 km, 100 m

B2 Banff Springs/BowFalls/TunnelMtn/town 8.5km, 350m

C Banff - Town walks from Bus Depot

C Banff - Walk Bow Falls to Bus Depot, (Plus Fenland / Marsh Loops): 6 km, 25 m

2023/12/07 - Lake Louise Winter Outing - Sharon Hanwell

A/B1 Ski - Upper Tramline, Moraine Lake Road, Lower Tramline to Village (23 km, 250 m)

A/B1/B2 Ski - Great Divide Trail (15 km, 100m) return to LL or ski Tramline to Village (21 km)

B2 Snowshoe Lake Agnes trail to Mirror Lake, return via horse trail, Wolverine, Louise Creek trail to Village 10 km, 200m/-400m

C Snowshoe or Walk along shore of Lake Louise, down Louise Creek to Village 6.8 km, - 190 m

A/B1 Snowshoe Chateau to Mirror Lake, return to Village 12.5 km 300 m

2023/12/14 - Peter Lougheed - William Watson Lodge - Eric Leavitt

A/B1 Ski - Upper Lake to Elk Pass, then ski to WWL via Moraine and Wheeler 18 km

B1/B2 Ski - WWL to Wheeler and Amos 12 km return

B2/C

A Snowshoe from Upper Lake P/L To the Discovery Centre 16 KM, 400 m

B1/B2 Snowshoe From WWL to the Discovery Centre via Lower Lake, Penstock Loop and Canyon Trails, 10 km 200m

C Snowshoe Marl Lake 5 km 50 m

2023/12/21 - Lake Louise Skiing/Snowshoeing - Peter Kubica

A/B1 Ski - Fairview, Moraine Lake Rd to Lookout, Tramline to Village 22 km, 300 m

B1/B2 Ski Great Divide Trail Parking to BC border (15 KM, 100m)

A/B1 Snowshoe Lake Agnes trail to Mirror Lake, return via horse trail, Wolverine, Louise Creek trail to Village 10 km, 200m/-400m

B1/B2 Snowshoe Highline (Horse Trail) to Paradise Creek down to Moraine Lake Road and Tramline to Village, 11 km, 280m

B2 Snowshoe Parking Lot to Mirror Lake, return to Chateau 7.2 km, 295 m

C Snowshoe Fairview Lookout, LL, Louise Creek to Village 6km, 150m: Snowshoe or walk

2023/12/28 - Peter Lougheed PP / William Watson Lodge - Cheryl Whitehead

A, B1 Ski - Upper Lake to Elk Pass and return 17km,350m - Add 6.4km, 175m up Blueberry for strong skiers

B1, B2

B2, C Ski - WWL to Wheeler and Amos 12 km return

A Snowshoe from Upper Lake P/L To the Discovery Centre 16 KM, 400 m

B1/B2 Snowshoe From WWL to the Discovery Centre via Lower Lake, Penstock Loop and Canyon Trails, 10 km 200m

B1/B2 Snowshoe From Upper Lake to WWL via Torpor and Frozen Toad 10 km, 300 m

C Snowshoe Marl Lake 5 km 50 m

2024/01/04 - Lake Minnewanka - Greg McKenzie

A Ski - Cascade Fire Road to Warden's Cabin 27 KM, 250m

B1 Ski - Cascade Fire Road to Warden's Cabin 27 KM, 250m

B2, C Ski - Cascade Fire Road to Bridge 13 Km 150m

A Lake Minnewanka Trail toward campsite 15 km, 350 m

B1 Snowshoe Cascade Fire Road to Bridge 13 Km, 150 m

B2 Snowshoe - Johnson Lake to Lake Minnewanka 10 km, 150 m

C Lake Minnewanka Stewart Canyon, 5.4 km, minimal elevation change

2024/01/11 - CANCELLED due to Extreme Cold (Lake Louise Skiing/Snowshoeing) - Douglas Kosowan

2024/01/18 - *CANCELLED ***Peter Lougheed PP / William Watson Lodge - John McLean**

B1, B2 Ski - Upper Lake Connector, Fox, Moraine, Amos to WLL 10 km 150m

A, B1 Ski - Upper Lake to Elk Pass, Pocaterra, Lynx to WWL 23 km, 400 m

B2, C Ski - from WWL

A/B1 Snowshoe Frozen Toad Loop from and return to WWL 12 km 250 m

B2 Snowshoe From Upper Lake to WWL via Torpor and Frozen Toad 10 km, 300 m

C Snowshoe from William Watson Lodge

2024/01/25 - Lake Louise Skiing / Snowshoeing - Erlinda Howard

A Ski Peyto, Lower Telemark, back up Peyto, option of Fairview, then Tramline to village, 17 km, 100m

A/B1 Ski - Pipestone trails, 15 - 25 km

B1/B2 Ski - Fairview, Moraine Lake Rd to Lookout, Tramline to Village 22 km, 300 m

C Ski - Great Divide out and back 8 -10 km

A/B1 Snowshoe Louise Creek Trail, Great Divide Trail, return to LL village 15 km, 200 m

B2 Snowshoe Lake Agnes trail to Mirror Lake, return via horse trail, Wolverine, Louise Creek trail to Village 10 km, 200m/-400m

C Snowshoe or Walk along shore of Lake Louise, down Louise Creek to Village 6.8 km, - 190 m

B1/B2 Ski - Fairview, Moraine Lake Rd, Tramline 17 km, 250 m

2024/02/01 - Banff - Hiking (only), Snow Sculptures melting! - Douglas Kosowan

A Banff - Sulphur Mountain Trail-up and back : 13 km, 750 m.

B1 Snowshoe Banff - Spray River East 12 km, 135m

B2 Banff Springs/BowFalls/TunnelMtn/town 8.5km, 350m

B2/C Snowshoe Banff Springs Hotel to town via Spray River and Bow Falls 9.5km 150m

2024/02/08 - Lake Louise Skiing/Snowshoeing - Greg McKenzie

A, B1 Ski - Fairview, Moraine Lake Rd, Tramline 17 km, 250 m

B1, B2 Ski - Great Divide Trail (15 km, 100m) return to LL or ski Tramline to Village (21 km)

A, B1 Ski - Pipestone Loop, 13.5 km 190 m

C Ski - Great Divide out and back 8 -10 km

A Snowshoe Highline to Mirror Lake, Louise Creek to Village 12.5 km 430 m

B Snowshoe Lake Agnes trail to Mirror Lake, return via horse trail, Wolverine, Louise Creek trail to Village 10 km, 200m/-400m

C Snowshoe or Walk from Lake Louise down Louise Creek to Village with side trip to Campground Loops, 6 km, -150m

2024/02/15 - PPLP Upper Kananaskis/WWL - Elisabeth Dupuis

A Ski - Upper Lake to Elk Pass and return 17km,350m - Add 6.4km, 175m up Blueberry for strong skiers

B Ski - Upper Lake Connector, Fox, Moraine, Amos to WLL 10 km 150m

C Ski - from WWL

A Snowshoe From Upper Lake to WWL via Torpor and Frozen Toad 10 km, 300 m

B Snowshoe from William Watson Lodge

C Ski, snowshoe or walk from WWL

2024/02/22 - *Change of Destination – now Emerald Lake – 6:30 PM return to Calgary - Erlinda Howard**

A Ski from and return to Natural Bridge along the Kicking Horse River (AFATP)/ then ski Connector Trail to the Lake, 20+km, 200 m

B1 Ski - Natural Bridge to Emerald Lake via Connector, then ski along lake shore and Alluvial Fan Loop, 15 km, 200m

B2, C Ski - Emerald Lake Shore and Alluvial Fan Loop - 9 km 120 m

A SS - Natural Bridge to Emerald Lake 9 km, 260m

B1 SS - Natural Bridge to Emerald Lake 9 km, 260m

B2, C SS Emerald Lake Loop and Peace Pond - 5.2 km, 50m

2024/02/29 - Lake Louise Skiing/Snowshoeing - Ann Nickerson

A Ski Peyto, Lower Telemark, back up Peyto, option of Fairview, then Tramline to village, 17 km, 100m

B1 Ski - Pipestone trails, 15 - 25 km

B2 Ski - Great Divide Trail (15 km, 100m) return to LL or ski Tramline to Village (21 km)

C Ski - Great Divide out and back 8 -10 km

A Snowshoe Highline to Mirror Lake, Louise Creek to Village 12.5 km 430 m

B1 Snowshoe Pipestone Loop (Hector / Pipestone / Merlin / Drummond / Village), 13.5 km 350 m

B2 Snowshoe from Lake Louise Chateau to the village on route 27 and Louise creek. 9 km, -190m.

C Snowshoe or Walk along shore of Lake Louise, down Louise Creek to Village 6.8 km, -190 m

2024/03/07 - Ski PLPP / Snowshoe Chester Lake - Gerrit Voordouw

A Ski - WWL via Whiskey Jack to Pocaterra Hut 18 km

B1 Ski - WWL via Lynx to Pocaterra Hut 11 km

B2, C Ski - WWL area then to Pocaterra Hut 8 km

A Snowshoe Burstall Pass Trail to the meadows: 11 km., 250 m.

B1 Snowshoe Chester Lake, Elephant Rocks 10.6km, 400m

B2 Snowshoe Chester Lake 8.6km, 300m

C Snowshoe Hogarth Lakes Loop 5.2km, 90m

2024/03/14 - *Destination change* Kananaskis Village / Evan Thomas - Barb Brunton-Johnstone

A, B1 some scrambling Evan-Thomas Creek/Green Monster loop 11km, 500m

B1 Snowshoe from the Village on Little Kidd, Studless, Ribbon Creek, Shinrin and back to Village via Big Kidd 11 Km, 150 m plus.

B2 Snowshoe from the Village on Little Kidd, Studless, Ribbon Creek, Shinrin and back to Village via Big Kidd 11 Km, 150 m plus.

C Kananaskis Village Snowshoeing or Walking, various options

A (maybe twice) Ski Trails Above the Village (Aspen, Kovach, Terrace) 10 -15 Km.

B1 Ski Trails Above the Village (Aspen, Kovach, Terrace) 10 -15 Km.

B2, C Ski Trails Above the Village (Aspen, Kovach, Terrace) 10 -15 Km.

2024/03/21 - CANCELLED (Lake Louise Snowshoeing/Hiking/Skiing) - Pete Serafini

2024/03/28 - PLPP – Elk Pass / Rawson Lake (Skis, Snowshoes, Icers) - Douglas Kosowan

A Ski - Upper Lake to Elk Pass and return 17km,350m - Add 6.4km, 175m up Blueberry for strong skiers

B1 Ski - Upper Lake to Elk Pass, Pocaterra, Lynx to WWL 23 km, 400 m

B2 Ski - Upper Lake to Elk Pass, Fox, Moraine, Wheeler Amos to WWLodge 10km

C Ski - from WWL

A Snowshoe Rawson Lake & Everest trail 12.5km, 400m

B Snowshoe Rawson Lake: 10 km, 360 m

C Snowshoe Discovery Ctre to WWL via Canyon, Lower Lake Trail, Marsh Loop 5.5 KM, 100m