

EVERGREENS 2023 SUMMER TRIP SCHEDULE

APRIL

06-Apr AGM

Short walks in CONFEDERATION PARK area or NOSE HILL before AGM

13-Apr WEST BRAGG CREEK

5.5 hrs hiking time

A MERLIN VIEW, LONG DISTANCE 16km, 600 m

B1/B2 BOUNDARY RIDGE - STRANGE BREW- RANGER SUMMIT 15.4 km, 585 m

C SNOWSHOE HARE 7 km, 150 m

20-Apr SIBBALD AREA

5 hours hiking time

A COX HILL RIDGE 13 km, 779 m *out & back*

B1 / B2 JUMPINGPOUND SUMMIT TRAIL 6.3 km, 414 m *out & back*

C OLE BUCK LOOP 4.8 km, 177 m

27-Apr MESA (SQUARE) Butte-Curley Sand (west of Millarville) - 5 hours hiking time

A MESA BUTTE, HUMPTY'S HILL, JILL'S HILL & JACK'S HILL 14.8 km, 829 m loop

B1/B2 MESA BUTTE - CURLEY SAND LOOP - 10.6 km, 500 m short & steep

C CURLEY SAND TRAIL - 6 km, 25 m

MAY

04-May DRUMHELLER 4 hours hiking time LONG drive!

A/B1/B2 HORSESHOE CANYON - 15 km

B2 ROYAL TYRELL MUSEUM to PIONEER TRAIL CENTRE - 6.6 km and
optional continuation from downtown eastward along river

C DRUMHELLER- PATHWAYS along RED DEER RIVER 4-7 km

11-May SHEEP RIVER (ENTRANCE RIDGES , LONG PRAIRIE RIDGE)

- A** SHEEP - ENTRANCE RIDGES (CARRY MULLEY + OUTLIERS - 12km, 640 m
- B1** SHEEP - ENTRANCE RIDGES (CARRY MULLEY) 11km, 500 m
- B2** SHEEP - LONG PRAIRIERIDGE -PINE RIDGE loop 8.2 km, 200m
- C** SHEEP - LONG PRAIRIE RIDGE loop 6 km, 150 m

18-May BULL CREEK HILLS / GRASS PASS area and DIAMOND VALLEY TRAIL 5 hours hiking time

- A** BULL CREEK HILLS loop 12 km, 890 m
- A/ B1** GRASS PASS to BULL CREEK HILLS 10 km, 700 m
- B2** GRASS PASS 6.5 km, 425m
- B2** GUNNERY CREEK to GRASS PASS TRAIL 7.5 km, 350 km
- C** DIAMOND VALLEY TRAIL 8 km, round trip 20 m

25-May WASOOTCH RIDGE , KANANASKIS VILLAGE AREA 5 hours hiking time

- A** WASOOTCH RIDGE 14km, 975 m
- B1** WASOOTCH RIDGE (2ND CAIRN) 11 km, 760 m or PORCUPINE RIDGE 10 km, 700m
- B1/B2** HUMMINGBIRD PLUME LOOKOUT 13 km, 475 m
- B2** RIBBON CREEK TRAIL 12 km, 200 m
- C** TROLL FALLS - RUTHIE'S HIDDEN 7 km 150 m

JUNE CANMORE 5 hours hiking time

- 01-Jun A** MOUNT LADY MACDONALD 9.8 km, 1,303 m *out & back* **OPENING DATE soon**
- B1/ B2** HIGHLINE TRAIL AND THREE SISTERS PATHWAY LOOP 9.8 km, 471 m Loop
- B2** CANMORE PARK ORANGE loop 10.6 km, 391 m loop
- C** THREE SISTERS CREEK TRAIL 4.3 km, 252 m *out & back*

08-Jun JOHNSTON CANYON 5 hours hiking time

- A / B1** ROCKBOUND LAKE 18 km, 1,017 m *out & back*
- B1/ B2** JOHNSTON CANYON to PAINT POTS 11.6 km, *out & back* 330 m loss of 140 m/ 529 m elevation gain
- C** JOHNSTON CANYON to UPPER FALLS 5.3 km 263 m *out & back* ; LOWER FALLS 2.3 km, 105 m *out & back*

15-Jun HELEN LAKE

5.5 hours hiking time

- A, B1** CRYSTAL RIDGE - SUB PEAKS 1 & 3, 8 km, 750 m offtrail
- A/ B1** HELEN LAKE and ridge above lake 14 km, 500 m
- B2** HELEN LAKE 12 km, 422m
- C** BOW LAKE to BOW GLACIER VIEW POINT or AFATP. 8 km, 90 m

22-Jun BOW VALLEY PP / YAMNUSKA 5. 25 hours hiking time

flowers

- A** MOUNT YAMNUSKA TRAVERSE around backside 9km, 926 m
CIRCUIT 9.5 km, 900 m
- B1,B2** YAMNUSKA EAST RIDGE 7km, 440 m
- B2 , C** BOW VALLEY PP HIKING FROM MIDDLE LAKE 8.7 km, 156 m
- B2, C** BOW VALLEY PP, MIDDLE LAKE TO BOW RIVER 6.5 km, 75 m

29-Jun MOUNT WARE & GORGE CREEK *5.5 hours hiking time*

Gorge Creek is west of Diamond Valley vis HWY 546

- A** MT. WARE 16 km , 675 m
- B1** LITTLE MT. WARE 8.2 km, approx.400 m
- B2 , C** GORGE CREEK TRAIL minimal EG AFATP
- B2, C** GORGE Ware connector south access, via the GORGE CREEK trail to west bank of the NorthwestFork crossing (bridge) then turn north 5.5 km

JULY

06-Jul WIND RIDGE - 5.5 hours hiking time - flowers

- A** PIGEON MOUNTAIN (2 Peaks) 15km, 990 m
- A/B1** WIND RIDGE 14 km, 800 m - short scramble section that can be bypassed
- B1** WIND RIDGE MEADOWS 10 km, 500 m
- B2** WIND RIDGE MEADOWS 10 km, 500 m. AFATP
- C** WIND CREEK 6 km, 100m

13-Jul MT. LIPSETT/HIGHWOOD PASS area 5 hours hiking time flowers

- A, B1** MT. LIPSETT 14 km, 800m - Hwy 40 4.5 km north of Mist Creek Day Use Area 14.2 km to summit 720 m EG
- B2** MEADOWS below MT. LIPSETT 12 km , 600 m AFATP
- C** PTARMIGAN CIRQUE 5km , 230 m

20-Jul BBQ SHORT HIKES in KANANASKIS VILLAGE- 2 hours hiking time

- A** (Steep) MOUNT KIDD Lookout 6km, 580 m
- B1, B2** (AFATP - turn back at 10:45) TERRACE TRAIL 9.9 km 40 m 1-way
- B1 , B2** UPPER TROLL FALLS 9 KM, 200M
- C** (Lower loops) KANANASKIS VILLAGE

27-Jul SUNSHINE /SUNSHINE VILLAGE 6 hours hiking time - Flowers

6 hours hiking time - (STANDISH GONDOLA approx. \$ 45)

- A** HEALEY PASS from SUNSHINE PARKING 19.4 km, 665 m (NO GONDOLA)
- B1** SIMPSON PASS from SUNSHINE VILLAGE ret 11.2 km 480 m(GONDOLA)
- B1, B2** CITADEL PASS from SUNSHINE VILLAGE 17 km, 300 m return or 11.2 km, 480 m (GONDOLA)
- B2, C** SUNSHINE VILLAGE - ROCK ISLE and GARDEN PATHS TRAIL 8 km, 150 m (GONDOLA)

AUGUST

03-Aug SPARROWHAWK TARNs

Near Canmore 5 hours hiking time

- A** SPARROW HAWK TARNs 13 km, 750 m *out & back*
- B1** (add 2 km and 100m for return to Sparrowhawk Tarns parking) SPENCER CREEK to scree slopes return via HIGH ROCKY TRAIL HRT to SPARROWHAWK 11.5 km, 700 m
- B2** SPENCER CREEK return to SPARROWHAWK via HRT 10 km, 600 m
- C** SPENCER CREEK to VIEWPOINT return via HRT to SPARROWHAWK 6.5 km, 250 m

10-Aug TENT RIDGE, RUMMEL , KARST SPRINGS *5.5 hours hiking time*

- A/B1** TENT RIDGE HORSESHOE 10KM 823M scramble
- A/ B1** RUMMEL PASS 16 km, 530 m
- B2** RUMMEL LAKE 11 km, 400 m
- C** KARST SPRINGS, WATRIDGE LAKE 8.8 km, 180 m

17-Aug COLUMBIA ICEFIELDS *Long day 12 hours approx*

- A** NIGEL PASS 16 km, 300 m - Hike to NIGEL PASS and the BRAZEAU RIVER
- A/ B1** WILCOX PASS to TANGLE CREEK 12 km 370 m gain. Beautiful views of the Athabaska glacier and surrounds at Wilcox Pass
- B1, B2** WILCOX PASS 8 km, 390 m - A moderate hike to the pass and return, some of the best views in the Rockies
- C** WILCOX PASS (AFATP) - Hike on the Wilcox Pass Trail as far as desired. The first viewpoint is a 2.4 km return trip

24-Aug CHESTER LAKE, BURSTALL PASS *5 hours hiking time*

- A** BURSTALL PASS TRAIL 16 km 500 m *out & back*
- B2** Meadow before BURSTAL PASS 11km, 250 m
- B1/B2** CHESTER LAKE, & ELEPHANT ROCKS 10.6 km, 400 m
- C** ROBERTSON FLATS 8 km, 100 m

31-Aug CORY/EDITH PASS, C-LEVEL CIRQUE and BANKHEAD *5.5 hours hiking time*

- A** CORY/EDITH PASS - 15KM, 1,100 M - steady climb to CORY PASS, hard -traverse a mountain, steep drop off
- B1** CORY PASS return -13.6 KM, 1,100 M STEEP **hard** - scramble use hands
- B1** C LEVEL CIRQUE / UPPER VIEWPOINT - 12 KM , 700 M - some steep sections
- B2** C LEVEL CIRQUE - 8 KM, 455M
- C** LOWER & UPPER BANKHEAD/LOWER C-LEVEL TRAIL VIEWPOINT/CASCADE FIRE ROAD -AFATP 100 M +

SEPT

07-Sep LINEHAM RIDGE , PICKLE JAR

5.5 hours hiking

- A LINEHAM RIDGE (to the 'post') 14 km, 710 m +
- B1 PICKLEJAR LAKES - ALL 4 LAKES 12km, 570 m
- B2 PICKLEJAR LAKES 1ST OR 2ND LAKE 8km, 500 m
- C PICKLE JAR LAKES trail AFATP

14-Sep HIGHWOOD PASS AREA

5 hours hiking time

- A POCATERRA RIDGE S to N, 11km 750m scramble, exposure
- B1 GRIZZLY COL, 8km 518m
- B1/B2 LITTLE HIGHWOOD PASS 9.8 KM 494 M
- C PTARMIGAN CIRQUE. 5km 230m

21-Sep TAKAKKAW FALLS / EMERALD LAKE (Long drive 7:30 pm return) - *6 hours hiking time*

- A TAKAKKAW FALLS , BURGESS HIGHLINE, EMERALD LAKE, 17 km , 805 m
- B1/ B2 TAKAKKAW FALLS, YOHO LAKE, YOHO PASS, EMERALD LAKE, 12 km, 330 m
- B2 EMERALD BASIN, 9 km, 300 m
- C EMERALD LAKE CIRCUIT, 6 km minimal elevation

28-Sep MORaine LAKE AREA

Larch Season

5.5 hrs hiking time

- A/ B1 SADDLEBACK, SHEOL VALLEY, PARADISE VALLEY 12 km, 650 m
- B1 LARCH VALLEY & SENTINEL PASS 12 km, 730 m
- B2 EIFFEL LAKE (VALLEY OF 10 PEAKS) 12 km, 500 km
- B2 LARCH VALLEY 9KM 540 M
- C CONSOLATION LAKES 5.8 KM 150M

OCT

05-Oct LAKE LOUISE AREA

5.5 hours hiking

- A** DEVIL'S THUMB and THE BIG BEEHIVE **12.7 km, 1,046 m** *out & back*
- B 1** MOUNT ST. PIRAN 13 km 940 m out & back **hard**
- B1 / B2** THE LITTLE BEEHIVE and LAKE LOUISE LOOP 11.7 km, 683 m
- C** FAIRVIEW LOOKOUT 2.3 km, 161 m out and back and then LAKE SHORE walk
TO VILLAGE

12-Oct BOURGEAU LAKE *5 hours hiking time*

- A** HARVEY PASS 19.4 km, 1020 m out & back
- B1/ B2** BOURGEAU LAKE 15 km, 725 m AFATP for B2s
- C** HOODOOS from BOW FALLS TRAIL 10 km 316 m Loop AFATP

19-Oct RAWSON LAKE, UPPER KANANASKIS LAKE *5 hours hiking time*

- A** RAWSON LAKE and Ridge 12 km RIDGE. 12 km, 700 m
- B1** RAWSON LAKE + EVEREST EXPEDITION loop 12.5 km 400 m
- B2** RAWSON LAKE 8 km, 320 m
- C** PALLISER SLIDE (North Interlakes Parking) plus lakeshore walk 7km. 75 m

26-Oct BARRIER LAKE area *5 hours hiking time*

- A** JEWELL PASS - PRAIRIE VIEW loop (Incl. BARRIER LOOKOUT) 16 km, 630 m
- B1** BARRIER LOOKOUT VIA PRAIRIE VIEW TRAIL. 14 km, 630 m
- B2** PRAIRIE VIEW TRAIL to McCONNELL RIDGE VIEWPOINT, 10 km, 500 m
- B2** JEWELL PASS TRAIL to JEWELL FALLS 10 km, 75 m
- C** KANANASKIS VILLAGE