

Evergreen Seniors Outdoor Club Newsletter

Summer 2022



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Summer Barbecue 2022

The summer barbecue was well attended and the participants enjoyed some hiking ...



And some visiting.



Members gave positive feedback on the meal and service. There were discussions amongst some members about returning to William Watson Lodge for our Barbecue in 2023. With a new limit of 50 people at the lodge looks like the luncheon would not be possible there.

Twelve people took part in the Hike Leader course offered before the BBQ.

Thanks to Jennifer Aikenhead and Kim Tidswell for organizing the luncheon.

Icefall Lodge July 2022



Seventeen club members went to the Icefall Lodge in July, on a trip organized by Peter Kubica. This photo shows all the Evergreens who went on the trip. This following link will take you to Michael Graven's collection of photos from this multiday trip. His article about the trip is printed as an appendix to this newsletter.

This looks like an amazing trip. Thanks to Peter Kubica for providing the organization to make it happen. And thanks to Michael for sharing his account of the days spent in the area.

https://1drv.ms/u/s!AnkgYM19G5bgjIAV_V2esRRCifa97g?e=cFnCCu

Hiking Tales and Other Adventures



Although the bus was cancelled for May 19, those that went hiking were treated to this moose sighting

(Photo Greg McKenzie)



This photo of Keith Bagnall jumping for joy is, well, just joyful.

Wasootch Ridge /Audrey Achtymichuk



And a bit of
yoga June 2
at the Sheep
River Ranger
Station

Photo Hugh
Powell

Mount Lipsett July 14

There are numerous reasons why it is better to hike with the club rather than on your own, such as safety in numbers, camaraderie, and shared transportation. Another advantage is that many of our club members are experts in their fields or have specialized knowledge that they can share. On a recent hike to Mount Lipsett in the Highwood Pass area, I had the pleasure of hiking with Al Millar who many of you know, is quite knowledgeable in identifying the various species of wildflowers. In July, there are many different types of wild flowers blooming along the trail and I would need more practice before I would be able to identify them on my own.

On other hikes, I have had the pleasure of hiking with geologists, former Parks Canada naturalists, and an expert on snow and avalanches. It is always good to learn from these fellow club members so next time you are out on the trails, keep your ears open as well as your eyes and just maybe, you will learn something new and interesting!

John McLean



Experience the small and mighty



Columbine on Wind Ridge July 7 / Photo by Debbie

To the majestic and serene.



Bow Glacier Falls/ Photo Bernie Nemeth

City Hikes



The first City hike was held on Tuesday, May 17 and 5 more followed, spaced 3 weeks apart. They are becoming increasingly popular with 14 participants on the first hike to 24 on the last one. A total of 99 members and 11 guests participated in the hikes. 41 club members have been on a City hike at least once, that is about

25% of the club membership. This shows that there is a need for this activity or at least that it is appreciated. The feedback is very positive. Hikes have been scheduled till the end of the Calendar year. I would like to organize hikes during the winter but keep it a bit more flexible, depending on weather and trail conditions.

Covid protocols are strictly adhered to and waivers are always checked. Registration is through the website. According to our rules and regulations a maximum of 6 City hikes can be used towards the total annual number of hikes required to keep full membership.

Fall Luncheon Raffle

Sheila Perkins will run the annual raffle at the fall luncheon again this year. Sheila will accept donations starting on **October 1, 2022**. Donations can be delivered to Sheila at her home or if she or Bob is on the bus, they can be delivered to her there.

Sheila will create theme baskets from your donations of teas, coffee, gift cards, wines, preserves or any regift item in good condition. (Cash to purchase items is also welcome.)

Of course, remember to bring a little extra cash to buy tickets at the 30th Anniversary Luncheon which will be held on November 10, 2022.





ESOC Crest

For new members and for those people who have not bought a crest, they are available now.

\$7.00 each

They will be available on the bus or contact joanmcl@shaw.ca

Volunteer Shout Out

The work of volunteers make the club work. We all know about positions on the board, and we know the meetings and planning makes for great hiking, skiing and snowshoeing for the rest of us.

This newsletter item is to give a special shout out to volunteers who are taking on jobs to support the club activities. Outside of all the great day leaders and hike leaders, there are some jobs that need doing. One great example is charging the radios which are so important to the safety of participants. Amy Tam answered the call to be 'in charge' of charging the radios after each trip. This involves picking them up at the bus and delivering them to the bus (even when she is not joining the club activity). Thanks Amy.

Another task that is important is to ensure all the members and guests travelling with the club into the National Park must have a valid park pass for that day. Day passes can be bought on the bus, but a record of annual passes is kept on file for those members who have them. Kirk Odland has volunteered to maintain the list so that it stays up to date. Thanks Kirk.



Many thanks to Dorothy Lloyd who has been the Member Support person for over a year. Dorothy's kindness will be missed as she resigns from this position for more family time.

That is just a few of the many volunteers. If you know of someone who deserves a shout out let joanmcl@shaw.ca know.

The Last Word

The club is celebrating 30 years of hiking, skiing and snowshoeing.

Join members from the past and present as well as special invited guests November 10, 2022. A notice with details about the fall luncheon will be going out this week and sign up will be through the website.

Organized by our Social Team Kim Tidswell and Jennifer Aikenhead.

PS. Stay tuned for information about ordering a club shirt. Information coming soon.