

2010

Evergreen Outdoor Club - Hiking Year 2010

Date	Day Leader	Grp	Destination	RT (km)	Gain (m)	Time (hr)
Apr 8		All	Annual General Meeting			afatp
Apr 15		All	Edworthy Park to Eau Claire	15	15	4.0
Apr 22		All	Sandy Beach to Glenmore Landing	10	40	4.0
Apr 29		All	Fish Creek – Elbow Drive	8	20	4.0
May 6		All	Red Deer River Trails	12	25	4.0
May 13		A	Yamnuska Ridge	9	750	
		B	Yamnuska Chimney	7	500	4.0
		C	Bow Valley – Middle Lake Loop	7	20	
May 20		A	Barrier Lookout via Jewel Pass	15	600	
		B	Barrier Lake Viewpoint	10	400	4.6
		C	Barrier Lake Shoreline	6	50	
May 27		A	Prairie Mountain to Paddy's Flat	14	750	4.7
		B	Sulphur Springs Loop	10	250	
		C	River View Trail	5	50	
Jun 3		A	Lady MacDonald to helipad	8	890	
		B	Montane & Cougar Creek Trails	11	330	4.7
		C	Canmore Trails	7	20	
Jun 10		A	Sulphur Mtn Loop	14	700	
		B	Sulphur Mtn	11	700	5.6
		C	Banff Trails	6	75	
Jun 17		A	Pigeon Mountain	15	990	5.5
		B	West Wind Creek	10	150	
		C	Wind Valley	6	80	
Jun 24		A	Old Goat Glacier	12	700	4.2
		B	Old Goat Creek	8	360	
		C	Old Goat Valley	5	120	
Jul 1		A	Elk Lakes	19	400	
		B	Frozen Lake	14	470	5.9
		C	Boulton Creek	5	40	
Jul 8		A	Warspite Col	12	780	
		B	Black Prince Cirque	9	450	4.4
		C	Warspite Lake	5	100	
Jul 15		A	Pocaterra Ridge	11	550	
		B	Grizzly Col	8	400	4.0
		C	Wedge Pond	6	60	
Jul 22		A	Bow Glacier Hut	15	550	
		B	Helen Lake	12	430	5.3
		C	Bow Glacier Falls Viewpoint	8	90	
Jul 29		A	Cory Pass / Edith Pass Loop	13	950	
		B	Cory Pass	11	915	6.2
		C	Johnston Canyon	6	150	

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Aug 5		A	Buller Pass to Galeteta	16	900	
		B	Buller Pass	13	680	6.2
		C	Lougheed Visitor Center Trails	6	75	
Aug 12		All	BBQ			
		A	Hummingbird Lookout Loop	11	400	3.4
		B	Troll Falls	5	50	
		C	Ribbon Creek		75	
Aug 19		A	Memorial 2 nd Lake	16	650	4.9
		B	Kovach – Terrace Loop	9	200	
		C	Terrace Trail	5	75	
Aug 26		A	Devil's Thumb	14	700	4.6
		B	Lake Agnes	8	370	
		C	Lake Louise Shoreline	6	60	
Sep 2		A	Sparrowhawk – Read's Tower	10	920	
		B	Sparrowhawk Tarns	12	680	5.9
		C	Spray Lakes Trails	8	60	
Sep 9 ✓		A	Wenckchemna Pass	19	750	5.7
		B	Larch Valley	8	430	
		C	Consolation Lakes	6	110	
Sep 16		A	Burstall Pass	16	660	4.9
		B	Burstall Creek	11	210	
		C	Burstall Lakes	5	80	
Sep 23		A	James Walker to Upper Valley	14	600	
		B	James Walker to Waterfalls	10	440	4.7
		C	Sawmill Trails	6	100	
Sep 30		A	Mt Sarraill Ridge	12	700	4.2
		B	Rawson Lake	6	300	
		C	Upper Kananaskis Lake (afatp)	6	60	
Oct 7		A	East Rundle (EEOR)	7	860	
		B	Grassi Lakes	8	250	3.7
		C	Canmore River Trail	7	20	
Oct 14		A	Old Forgetmenot	15	740	4.9
		B	Wild Horse Trail	10	200	
		C	Forgetmenot Pond / Elbow River	6	50	
Oct 21	564130	A	King Creek Loop	8	725	
		B	Lougheed Visitor Center Trails	11	120	4.2
		C	Meadow / Lodgepole Loop	6	75	
Oct 28		A	Nihahi Ridge	10	760	
		B	Nihahi Saddle	8	450	4.2
		C	Little Elbow Trail	8	65	
Nov 4		A	Windy Point / Death Valley Loop	17	350	
		B	Foran Grade Ridge	11	275	4.6
		C	Sandy McNabb Loop	8	40	