

2016 EVERGREENS HIKING SCHEDULE

All bus trips start at the same time- 8:00 AM Rosemont & 8:15 AM Montgomery

BB- Biffy Break Location

Times are hiking times only and do not include bus travel and BB

Apr 7: Confederation Park trails – (CARPOOL) 10 AM START

Meet at the Rosemont Community Center

AGM 11 AM

Apr 14: Nose Hill Park - 4 hrs (CARPOOL) – 10 AM START

Day Leader:

Meet at Edgemont Boulevard Parking (near Shaganappi Trail)

A, B1, B2 – Nose Hill Park circuit, East to South and return 10 km

C – SE trails AFATP and return

Apr 21: Cochrane Ranche 4 hrs (CARPOOL) – 10 AM START

Day Leader: Lynn Whittingham

A, B1 – North along Big Hill Creek AFATP and return - 10 km

B2 – South along Big Hill Creek to Bow River, follow Bow AFATP

C – Cochrane Ranche loop (3 km) + follow Big Hill Creek AFATP

Apr 28: Elbow Valley 5 hrs (BUS TRIP)

Day Leader:

BB – Elbow Falls parking

A, B1– Prairie Mountain circle, 11 km, 700 m

B2 – Prairie Creek AFATP

C – Elbow river trails to Beaver Flats

May 5: Dry Island Provincial Park – 5 hrs

Day Leader:

BB – Dry Island parking

A, B1, B2, C – Dry Island trails 15 km, 200 m or AFATP

May 12: Bull Creek Hills - 5 hrs**Day Leader:**

BB – Sentinel Recreation area

A, B1 – Bull Creek Hills loop, 10 km, 600m

B2 – Grass Pass, 6.5 km, 300m

C – Sentinel campsite trails/Gunnery Creek trail AFATP

May 19: Little Elbow - 5 hrs**Day Leader:**

BB – Elbow Falls

A – Glasgow Ridge, 16 km, 1000m

B1 – Glasgow Cirque, 15 km, 500m

B2 – Glasgow Creek, 10 km, 150 m

C – Little Elbow trail AFATP

May 26: Indian Oils - 5 hrs**Day Leader:**

BB – Indian Oils trailhead

A,B1 – Green Mountain/Spaulding Point Loop, 17 km, 325m

B2 – Mt. Hoffman, 8 km, 225 m

C – Dyson Falls, 9km, 150m

June 2: Barrier Lake Lookout - 5 hrs**Day Leader:**

BB – Barrier Lk. Info Center

A, B1 – Barrier Lookout via Jewell Pass, 15 km, 560 m

B2 – Prairie View trail to first lookout, 8 km, 300m

C – Stoney Trail to Jewell Falls, 6 km, 150 m

June 9: Whaleback - 5 hrs**Day Leader:**

BB – Chain Lakes Park

A – From Hwy 22 North Loop, 16 km, 375 m

B1 – South Loop, 14 km, 375 m

B2 – Little Whaleback, 10 km, 300 m

C – Little Whaleback AFATP

June 16: Nakiska area, Memorial Lakes – 5 hrs

Day Leader:

- BB – Barrier Lake Info
- A – Third Memorial Lake, 16.8 km, 585 m
- B1 – Second Lake, 9km, 690 m
- B2 – First Lake, 7.6 km, 500 m
- C – Troll Falls, 3.7 km /Terrace trail AFATP

June 23: Banff area trails - 5 hrs

Day Leader:

- BB – Banff bus station
- A - Sulphur Mountain loop, 14 km, 650 m
- B1 – Sulphur Mountain climb and ridge hike, 12 km, 650 m
- B2 - Sundance Canyon, 9 km, 150 m
- C – Sundance Canyon AFATP/ Fenland circuit, 8 km

June 30: Chester Lake - 5 hrs

Day Leader:

- BB – Mt. Kidd campsite
- A – Three Lakes Valley, 13 km, 550m
- B1 – Chester Lake, Elephant Rocks and beyond, 12 km, 500 m
- B2 – Chester Lake, 8.6 km, 300 m
- C – Burstall Lake and Hogarth Lake loops, 6+ km, 90 m

July 7: Emerald Lake –5.5 hrs

Day Leader:

- BB – Emerald Lake Parking
- A – Yoho Pass, Burgess Pass circuit, 20 km, 880 m
- B1 – Hamilton Lake, 11 km, 850 m
- B2 – Emerald Basin, 9.2 km, 225 m
- C – Emerald Lake circuit, 5.2 km

July 14: Club BBQ, William Watson Lodge

Day Leader:

BB – Mt. Kidd campground

Hiking time ~ 3 hrs

A, B1, B2 – Rawson Lk, 8 km, 300 m

C – East shore of Upper Kananaskis Lake, 4.4 km

July 21: Healy Pass - 6 hrs

Day Leader:

BB – Sunshine Parking

A – Healy Pass and Ramparts, 21 km, 725m

B1 – Healy Pass, 18.4 km, 650 m

B2 – Healy meadows, 15.4 km, 450 m

C – Sunshine Village to Simpson Pass (needs bus booking)
or Banff townsite trails

July 28: Highwood Pass – 5.5 hrs

Day Leader:

BB – Mt. Kidd

A – Pocater Ridge N to S, 12 km, 1036 m

B1 – Grizzly Col, 8 km, 518 m

B2 – Little Highwood Pass, 14.2 km, 230 m

C – Ptarmigan Cirque, 3.6 km, 230 m

Aug 4: Taylor Lake – 5.5 hrs

Day Leader:

BB – Banff bus station

A – Panorama ridge AFAP, 20 km, 810 m

B1 – Panorama Ridge basin, 12 km, 730 m

B2 – Taylor Lake, 10 km, 580 m

C – Taylor Lake trail AFATP/ Banff trails

Aug 11: Athabasca Glacier area - 5 hrs

Day Leader:

BB – Lk. Louise

A – Nigel Pass, 12 km +, 300 m

B1 – Wilcox Pass / Tangle Creek, 11 km, 370

B2 – Wilcox Pass and return, 8 km, 370 m

C – Parker Ridge, 5.4 km, 250 m

Aug 18: Tent Ridge - 5 hrs

Day Leader:

BB – Mt. Kidd

A – Tent Ridge Horseshoe, 10 km, 823 m

B1 – Tent Ridge, 7.2 km, 625 m

B2 – Marushka Lk, Kirsten Tarns, 11.4 km, 170 m

C – Marushka Lk, 7.4 km, 70 m

Aug 25: Paradise Valley – 5.5 hrs

Day Leader:

BB – Lk. Louise Village

A – Paradise Valley, Giant Steps, 20 km, 385 m

B1, B2 – Lake Annette, 11.4 km, 245 m

C – Moraine rd. parking to Fairview Lookout, 6 km, 200m

Sept 1: Smuts Pass – 5.5 hrs

Day Leader:

BB – Mt. Kidd

A – Smuts pass to Burstall parking via Birdwood Pass, 18 km, 720 m

B1 – Smuts Pass, 14.6 km 500 m

B2 - Birdwood lakes, 12.4 km 400 m

C – Commonwealth Creek waterfalls, 6 km

Sept 8 : Sherbrooke Lake - 5 hrs,

Day Leader:

- BB – Lk Louise Visitor Center
- A – Niles Meadows, 18 km, 500 m
- B1 - Paget Lookout, 7 km, 520 m
- B2 – North end of Sherbrooke Lake, 9 km, 200m
- C- Sherbrooke Lake, 6.2 km, 200m

Sept 15: Headwall Lakes – 5.5 hrs

Day Leader:

- BB – Mt. Kidd campsite
- A – Headwall Lakes to Chester Lk. via Fortress Col, 18 km, 1130 m
- B1 – Upper Headwall Lk., 15 km, 630 m
- B2 – Lower Headwall Lk, 13 km, 570 m
- C – to Headwall Creek bridge, 7 km, 220m

Sept 22: Moraine Lake – 5.5 hrs

Day Leader:

- BB – Lake Louise Visitor Center
- A – Sentinel Pass to Paradise Valley, 17 km, 724 m
- B1 – Sentinel Pass, 11.6 km, 724 m
- B2 – Upper Minnestimma Lk., 9 km, 400m
- C – Consolation Lakes, 6 km, 65 m

Sept 29: Bourgeau Lake - 5 hrs

Day Leader:

- BB – Banff bus station
- A – Harvey pass, 19.4 km, 1020m
- B1, B2 – Bourgeau Lake, 15 km, 725 m
- C – Bourgeau Lake AFATP or Banff trails

Oct 6: Cat creek Hills - 5 hrs

Day Leader:

- BB – Mt. Kidd
- A – Junction Hill via Ridge Rd to Cat Creek Hills, 15 km, 600m
- B1, B2 – Valley Rd. trail to Junction Hill, 8 km, 600 m
- C – Cat Creek waterfall and Cat Creek AFATP

Oct 13: Wasootch Ridge - 5 hrs (HWY 940)

Day Leader:

BB – Barrier Lk. info

A – Wasootch Ridge, 14 km, 975 m

B1 – Wasootch Ridge AFATP

B2, C – Wasootch Creek AFATP

Oct 20: Lineham Ridge – 5 hrs

Day Leader:

BB – Mt. Kidd

A – Lineham Ridge, 18 km, 875 m

B1 – Lineham Ridge AFATP, 10 km, 500m

B2, C – Lineham Creek AFATP, 10 km, 250 m

Oct 27: Upper Kananaskis Lake - 5 hrs

Day Leader:

BB – Mt. Kidd

A – Mt. Indefatigable, 8.4 km, 777 m

B1 – Anti- clockwise around the lake, 16.2 km, 61 m

B2 – From North Interlakes to Upper lakes parking

C – East shore trail to Interlakes interpretive trail, 6 km

Nov 3: Edworthy Park - 4 hrs (CARPOOL) 10 AM START

Day Leader:

Meet at Edworthy parking (Edwarthy road South of Bow river)

Douglas Fir trail to Laury gardens and return

or across Crowchild foot bridge back to Edworthy.

Nov 10: 12 Mile Coulee Trails – 4 hrs (CARPOOL)

Day Leader:

Meet at Bowness Park parking at 10 am

Hike up 12 Mile Coulee trails to Tuscany and return

Nov 17: Glenbow Ranch Provincial Park – 4 hrs **(CARPOOL)**

Day Leader:

Meet at the Park Office Parking S of Highway 1A @ 10 am

Hike trails to NW or SE to Bow river

Nov 24: Christmas Party

