

Evergreens 2012 Hiking Schedule

Notes: distances are estimates of the return or total trip in km
 elevations are in meters and are estimates of total ascent which
 time is in hours and unless adverse weather, 5 hours is recommended
 on a few longer hikes the time allowed is borderline for B1's and
7:30 in the "Destination" box means 7:30 & 7:45 AM bus departure
 AFATP - means just go "as far as time permits" then return
 AMA - means "as mutually agreed" by your group
 AH - alternate hike - if conditions allow and the bus is not used,
 GG - gentle grades
 MG - moderate grades
 SG - steep grades
 NV - no or little view
 GV - good views
 SV - spectacular views
 BS - borderline scrambling - some may need to use hands to negotiate
 SS - some scrambling required - need hands to negotiate around

2012		Destination/Hikes	KM	Elev	Time
Apr-05		Annual General meeting			
	All	Confederation Park	AFATP		AMA
Apr-12		Fish Creek Park/AH			
	All	Elbow Drive - South	13+	75	AMA
Apr-19		Glenmore Reservoir/AH			
	All	Sandy Beach	10	50	AMA
Apr-26		Inglewood Bird Sanctuary/AH			
	All	Eau Claire	15	50	AMA
May-03		LeSueur Creek Hills			
	A	LeSueur Ridge Loop	8	300	5
	B1	LeSueur Ridge Loop	8	300	5
	B2	LeSueur Hills - Lower	9	150	5
	C	LeSueur Creek	8	100	5

2012		Destination/Hikes	KM	Elev	Time
May-10		Yamnuska			
	A	Yamnuska Loop via Summit	12	820	5
	B1	Yamnuska Loop via Face	8	600	5
	B2	Yamnuska Chimney	7	520	5
	C	Bow Valley Park	10	20	5
May-17		Canmore Town			
	A	Lady McDonald to heli pad	9	900	5
	B1	Lady McDonald to View Point	6	500	5
	B2	Montane Trail	7	180	5
	C	Canmore Bow River Trail	AFATP	Min	5
May-24		Little Elbow			
	A	Glasgow Ridge	16	1000	6
	B1	Glasgow Cirque	15	500	5.5
	B2	Glasgow Creek	10	150	5
	C	Little Elbow trail	AFATP	100	5
May-31		Dry Island Prov. Park			
	A	Dry Island Prov. Park	9	150	5
	B1	Dry Island Prov. Park			5
	B2	Dry Island Prov. Park			5
	C	Dry Island Prov. Park			5
Jun-07		Banff Town			
	A	Surphur Mountain Loop	14	650	5
	B1	Sulphur Mountain Summit	10	650	5
	B2	Sundance	9	150	5
	C	Fenland / Cave & Basin	7	20	5
Jun-14		Powderface			
	A	Powderface Ridge/Creek	15	600	5
	B1	Powderface Creek/Prairie Ck	14	250	5
	B2	Powderface Creek	8	175	5
	C	Prairie Creek / Elbow Falls	AFATP	100	5
Jun-21		7:30 Paget LO/Sherbrooke L.			
	A	Niles Meadow	19	700	6
	B1	Paget Lookout	8	700	5
	B2	Sherbrooke Lake & beyond	8	230	5
	C	Sherbrooke Lake	6	200	5
Jun-28		Moose Mountain			
	A	Moose Mountain (North summit)	14	670	5
	B1	Moose Mountain (East Ridge)	12	550	5
	B2	Moose Mountain (switchbacks)	10	300	5
	C	Moose Mountain (valley trail)	8	150	5

2012		Destination/Hikes	KM	Elev	Time
Jul-05		Watson Lodge Barbecue			
	A	Rawson Lake & ridge	12	700	2.5
	B1	Rawson Lake	8	320	2.5
	B2	Rawson Lake	7	320	2.5
	C	Upper Kan. Lake shore trail	4	50	2.5
Jul-12		Buller Pass			
	A	Buller Pass to Galatea	17	930	6
	B1	Buller Pass	15	670	6
	B2	Buller Creek	8	300	5
	C	Buller Pond	AFATP	min.	5
Jul-19		7:30 Helen Lake			
	A	Cirque Summit	17	1000	6
	B1	Dolomite Ridge / Helen Lake	15	600	6
	B2	Bow Glacier Falls	8	160	5
	C	Bow Lake	AFATP	min.	5
Jul-26		Healy Pass/Ramparts			
	A	Healy Pass/Ramparts Loop	21	725	6
	B1	Healy Pass	17	600	6
	B2	Simpson Pass from Village	12	175	5
	C	Village to Rock Isle Lake	6	130	5
Aug-02		7:30 Yoho Valley			
	A	Iceline / Little Yoho Valley	21	690	6
	B1	Iceline / Celeste Lake cutoff	18	690	6
	B2	Laughing Falls	10	100	5
	C	Yoho Valley / Takakkaw Falls	AFATP	100	5
Aug-09		Cascade Amphitheatre			
	A	Cascade Amphitheatre & Ridge	15	700	5
	B1	Cascade Amphitheatre	10	660	5
	B2	Stoney Squaw	5	200	5
	C	Johnson Lake/Cascade Ponds	8	50	5
Aug-16		7:30 Icefields			
	A	Wilcox Pass to Tangle Creek	12	350	5
	B1	Wilcox Pass	10	350	5
	B2	Parker Ridge	6	300	5
	C	Nigel Creek	8	120	5
Aug-23		Black Prince			
	A	Warspite Col	12	800	5
	B1	Black Prince Cirque	10	625	5
	B2	Warspite Cascades	7	275	5
	C	Warspite Lakes	5	100	5

2012		Destination/Hikes	KM	Elev	Time
Aug-30		Johnston's/RockBound			
	A	Rockbound Lake	17	760	6
	B1	Tower Lake	16	760	6
	B2	Johnston's Canyon - Ink Pots	11	300	5
	C	Johnston's Canyon Upper Falls	5	110	5
Sep-06		Headwall Lakes			
	A	Headwall Lakes Loop	17	800	5.5
	B1	Headwall Lakes to Upper Lake	14	460	5
	B2	Chester Lake	10	310	5
	C	Chester - Yellow Loop	6	120	5
Sep-13		Moraine Lake			
	A	Larch V to Paradise V Loop	16	775	5.5
	B1	Sentinel Pass	12	750	5
	B2	Larch Valley	8	500	5
	C	Consolation Lakes	6	120	5
Sep-20		Tent Ridge			
	A	Tent Ridge Circuit	11	820	5.5
	B1	Tent Ridge	8	625	5
	B2	Tryst Lake	7	260	5
	C	Watridge Lake	8	60	5
Sep-27		Bourgeau Lake			
	A	Harvey Pass	19	1040	6
	B1	Bourgeau Lake	14	750	6
	B2	Tunnel Mountain / Bow Falls	12	250	5
	C	Banff Trails - Bow Falls	6	50	5
Oct-04		Burstall Pass			
	A	Birdwood Pass	18	800	6
	B1	Burstall Pass	19	450	6
	B2	Burstall Creek	12	250	5
	C	Burstall Lakes	8	80	5
Oct-11		Gorge Creek- Mt. Ware			
	A	Mt Ware summit	17	530	5.5
	B1	Mt. Ware	14	350	5
	B2	Gorge Creek	14	200	5
	C	Gorge Creek	AFATP	80	5
Oct-18		Pigeon Mountain			
	A	Pigeon Mt. to summit	16	980	5.5
	B1	Pigeon Mt. to col	11	550	5
	B2	Wind Ridge	8	250	5
	C	West Wind Creek	8	100	5

2012		Destination/Hikes	KM	Elev	Time
Oct-25		Picklejar Area			
	A	Mist Ridge	16	800	5.5
	B1	Picklejar - last Lake	12	525	5.5
	B2	Picklejar - 1st Lake	8	470	5
	C	Mist Creek	6	200	5
Nov-01		Jumping Pound			
	A	Canyon to Dawson	20	675	5.5
	B1	Jmpg Pd Mtn to Lusk Creek	14	450	5
	B2	Jmpg Pd Summit & return	8	400	5
	C	Tom Snow - North	AFATP	120	5
Nov-08		Red Deer - River Trail			
	A	Hwy 2 /Discovery/Kerry Wood	21	70	5
	B1	Hwy 2 to Kerry Wood & loop	13	50	5
	B2	Hwy 2 to Kerry Wood Ctr	7	50	5
	C	Kerry Wood Ctr Loop	4	20	5

Nov-15		Glenbow Park/AH			
	A	Glenbow Trail	AFATP	375	AMA
	B1	Bow River Loop	AFATP	250	AMA
	B2	Bow Bend Trail	AFATP	250	AMA
	C	Badger Bowl	AFATP	150	AMA
Nov-22		Bowness Park Loop/AH			
	All	Bowness & Bowmont Trails	AFATP		AMA
Nov-29		To be determined Nov 23			
	A				
	B1				
	B2				
	C				
Dec-06		Fall Luncheon			

It will usually be greater than the net elevation difference due to up and down terrain
 needed as a minimum allowed for all hikes, with some requiring up to 6 hours
 and shorter lunch breaks are required as noted in the details
Departure times, all others 8:00 & 8:15 AM departures

an optional car pool hiking destination for more energetic hiking will be included

negotiate around rock
 and rock

Day Leader/Details

Form your own groups for a walk through Confederation Park before or after the AGM
Cheryl Whitehead (AH Ray Bussey)
Park at end of Elbow Drive; hike 37 street loop.
Rob Cormack (AH Rodger Banderk)
Trailhead at Sandy Beach Parking lot and hike to Glenmore Reservoir (Glenmore Landing).
Return same way.
Val Scholefield (AH Kevin Meaney)
Trailhead at Bird Sanctuary and hike to either Eau Claire or Carburn Park
Jennifer Sundgaard
MG - GV Rolling hills west of Cochrane with small creeks, poplar & spruce
MG - GV
GG - GV
GG - GV

Day Leader/Details

Norm Wardlaw
SG - SV - BS Check for Snow on back side
SG - GV Return down scree on face
MG - GV Good early season hike above Bow Valley
GG - GV Many trails showing early signs of spring - try Middle Lake Loop
Dave & Doreen Pawson
SG - SV Eagle's eye view of Bow Valley & beyond.
SG - SV View is well worth the effort
MG - GV Benchland hike
GG - GV Hike along Bow River near downtown and Legion
Ron Mason
SS - SV Hike along narrow ridge of Mount Glasgow
SG - GV Hike up rocky creek bed to Cirque
MG - GV Hike through a valley with good mountain views
GG - GV An old service road along the scenic river valley.
Bernie Nemeth
MG - GV A unique badlands area, one of Alberta's hidden jewels. Dry weather needed
MG - GV - AMA
MG - GV - AMA
MG - GV - AMA
Bill Davitt
SG - SV Trailhead at Hot Springs Parking Lot; pickup at Cave & Basin
SG - SV Trailhead and pickup at Hot Springs Parking Lot
GG - GV Trailhead and pickup at Cave & Basin
GG - GV Trailhead at Bus Depot; pickup at Cave & Basin
Eric Leavitt
MG - GV Trailhead at junction HWY 66 and Powderface Road
GG - NV Trailhead at Sacramento Pass (Powderface Road)
GG - NV Trailhead at Sacramento Pass (Powderface Road)
GG - NV Trailhead at Elbow Falls parking lot.
Mary Luciuk
MG - SV Above the lake to extensive alpine meadows below Mt. Niles
SG - SV Fairly steep to fire lookout over Kicking Horse Pass, see lake on return.
MG - GV Hike has everything - waterfalls, glaciers, lake, blowdowns, orchids
MG - GV Hike has everything - waterfalls, glaciers, lake, blowdowns, orchids
Hugh Powell
SG . GV Wide slopes to N. summit and cairn with panoramic views.
SG - GV Hike up switchbacks AFATP with views to N & E.
MG - GV Large open slope below switchbacks give view back to Calgary
MG - GV Wide trail above creek valley with open views

Day Leader/Details

Ray Bussey
MG SV Go to the far end of the lake and up the ridge time permitting
MG SV Go to the far end of the lake time permitting
MG SV Go to the lake
GG GV As far as time permits
Greg McKenxie
SG - SV Difficult hike, rough trail, time constraints,
MG - SV Many views, rock faces, waterfalls, scree to pass overlooking Ribbbon Lake.
MG - GV Creek views to huge tree grove, large rock faces in upper valley.
GG - GV Go along creek and return to tranquil Buller Pond
Rodger Banderk
SG - SV Classic hike past alpine meadows to lake and up to peak with 360 deg. view
MG - GV Flowers, lake, glaciers, open alpine and view from pass to next valley.
MG - GV Hike along Bow Lake and up valley to start of Bow River at Bow Glacier Falls
GG - GV An easy walk beside large, glacial lake. Don't forget gift shop at trailhead.
Eric Leavitt
MG - SV May require bushwacking to find return trail
MG - SV Beautiful meadows just before the top of the pass - only 15min. lunch
MG - GV Requires shuttle bus or hike to the Village
MG - GV Requires shuttle bus or hike to the Village
Art Johnston
MG - SV World class hike with everything. Rub shoulders with a glacier.
MG - SV Shorter & just as nice - only 10 min. lunch
MG - GV Hike spectacular Yoho Valley past 3 waterfalls and return
MG - GV Explore area around the third highest waterfall in Canada
Jill Bussey
MG - GV Hike down then up, up, up to huge cirque and adjacent ridges
MG - GV Hike down then up, up, up to huge cirque
MG - GV 180 degree view of Bow Valley and Banff townsite
GG - GV Easy montane hike between 2 popular day use areas.
Eric Leavitt
MG - SV Route used when glaciers blocked the main valley
MG - SV Best views for the least effort in the Rockies.
MG - SV Short and spectacular alpine trail, overlooks Saskatchewan Glacier
MG - GV Historic sub alpine route of early explorers. Look for carvings at Parker Camp.
Jerry Knight
SG - SV - BS Steep hike up to Mount Warspite col
SG - GV Hike to Black Prince Lake in a cirque below the north face of Mt. Warspite
SG - GV Go around lake to avalanche slope, rock slide and waterfall
MG - GV Interpretative trail to picturesque mountain lake

Day Leader/Details

Dick Wilson
SG - GV Lake surrounded by cliffs, option to explore close ridges.
SG - GV Smaller lake before headwall - only 15 min. lunch
MG - GV Pass the tourists to large open area with several springs.
GG - GV Popular hike along rushing creek features waterfalls and ice cream kiosk
Kevin Meaney
SG - SV - BS Hike over a col from Headwall Lakes to Chester Lake
SG - SV Hike to Headwall Spring that spouts out of the hillside
SG - SV May want to proceed to elephant rocks
MG - NV Hike on a rolling trail through trees
Bob Hanwell
SG - SV Autumn colours - rocky pass - long descent in Paradise
SG - SV Autumn colours - rocky pass - only 15 min. lunch
MG - GV See the autumn turning to the larch trees
GG - GV Short hike over the Rockpile and on to great alpine area with two lakes.
Marv Johnson
SG - SV - SS - Desending ridge requires some scrambling
SG - SV Great views of the Smith-Dorrien valley & Spray Lake
SG - GV A rough trail with one challenging section to lake surrounded by larches.
MG - GV Wide and open trail to large lake. Option to go to Karst Springs.
Fred Rousseau
SG - SV - BS A long steep hike to a pass with an exceptional view of Mount Assiniboine
SG - GV A small lake nestled in fir-laced meadows
MG - GV A "must do" hike to a raven's eye view of Banff town.
GG - GV Hike along the Bow River to the falls. Visit town attractions or have a picnic.
Ray Bussey
SG - SV - SS A long sometimes steep hike through Alpine passes with superb views
MG - SV Alpine pass with great views of Robertson Glacier
MG - GV Views of Robertson Glacier
MG - GV Gentle trail with side trips to 2 lakes and explore alluvial fan.
Norm Wardlaw
SG - GV - BS - Desending on steep rocky slopes may require use of your hands
MG - NV Pretty foothills valley and partial mountain ascent
MG - NV Pretty foothills valley
MG - NV Pretty foothills valley
Gail Kirbyson
SG - SV A good work out with great autumn views
SG - GV Invigorating
MG - GV Hike along old service road to valley and mountain view. Option to first ridge.
MG - GV Hike along West Wind Creek through meadows and alpine forest

Day Leader/Details

Norm Wardlaw
SG - SV Walk along a wide ridge after hiking a wide trail through trees
SG - SV Hike up Lantern Creek Valley on a rolling sometimes steep trail - 15 min. lunch
SG - GV Great view of the Picklejar Lakes
MG - NV Hike in the trees along Mist Creek; take time to look around the day-use area
Dick Wilson
SG - SV A long hike over Jumpingpound Ridge and Coxhill Ridge with great views
MG - SV Long open ridge with easy summit offers great views in all directions
MG - SV Easy swithbacks to ridge and great views
GG - GV Hike along Tom Snow trail from Dawson day-use area
Bob Perkins
GG - GV City walk along the river valley, nature loop and return
GG - GV City walk along the river valley with nature loop at the park
GG - GV City walk along the river valley
GG - NV Nature loop in city park

Car Pool	(AH)
MG - GV	Historical park located in the bow valley just west of the city
MG - GV	
MG - GV	
MG - GV	
Glen & Cheryl Campbell	(AH)
	(AH)
To be determined depending on conditions	
To be determined depending on conditions	
To be determined depending on conditions	
To be determined depending on conditions	